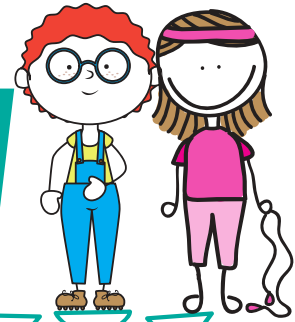


your name

# MY LIFE, MY REVIEW



stick a selfie here

You can use this booklet before your Education, Health and Care (EHC) review to tell everyone all about you

[www.bromley.gov.uk/localoffer](http://www.bromley.gov.uk/localoffer)

# ABOUT THIS BOOKLET

**You can put information in this booklet in whatever way you want. You can write, draw, use photos or pictures - it's up to you!**

You can tell everyone about...



The things you like



The things you don't like



Things that are important to you



Things you want to stay the same

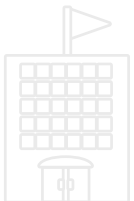


Things that you want to change



Your hopes and dreams for the future

my school



I am in year



My best friend is



*Idea:*

You may want to take copies of the pages to stick on the charts at the meeting

# WHAT I LIKE BEST ABOUT MYSELF

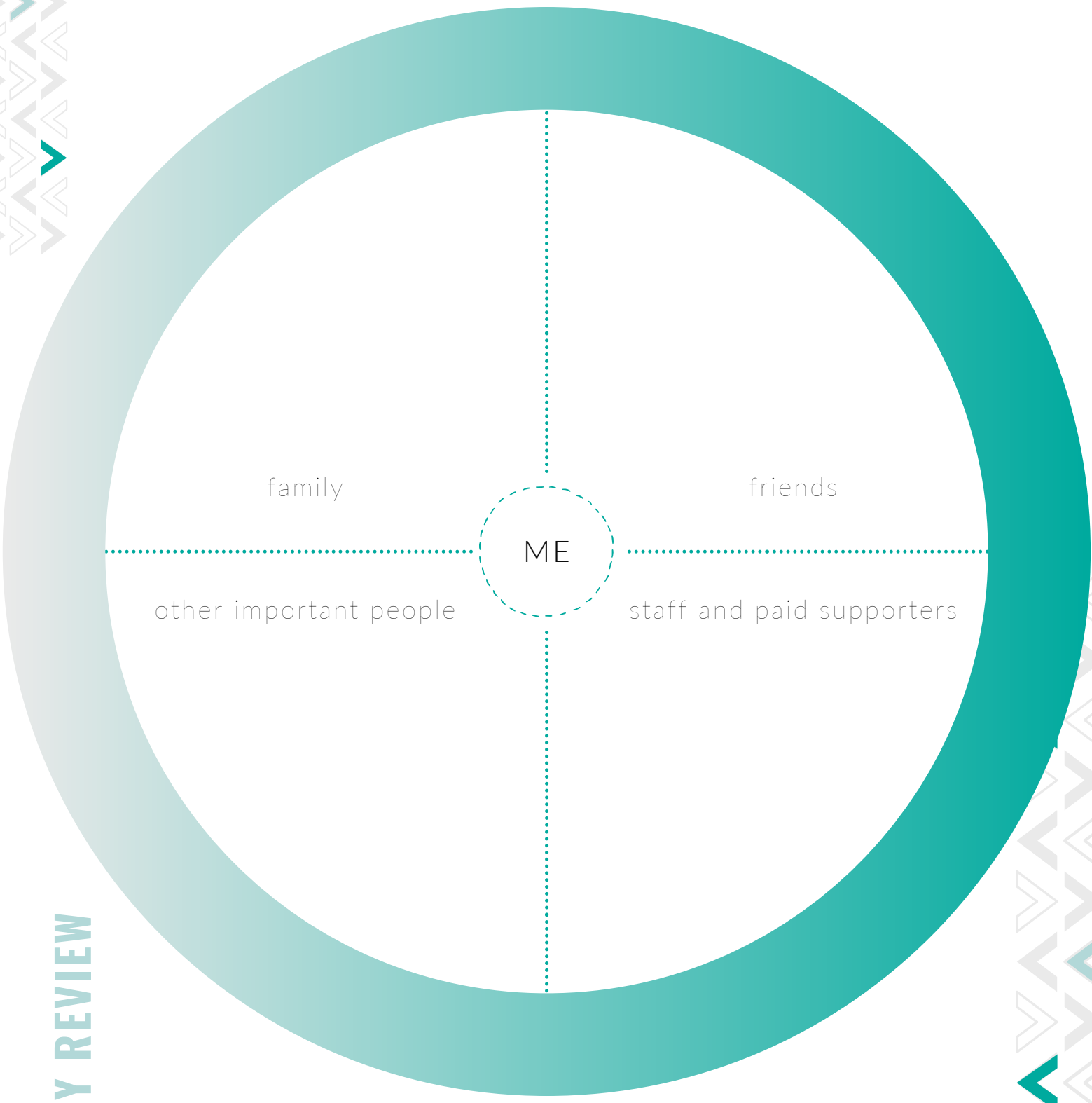
Put your own words in the spaces below:

The form consists of six speech bubble outlines arranged in two columns of three. Each bubble has a small thumbs-up icon in its top-left corner. The bubbles are colored as follows from top to bottom in each column: teal, dark grey, light blue, light grey, dark grey, and teal. The left column bubbles are oriented horizontally, while the right column bubbles are oriented vertically.



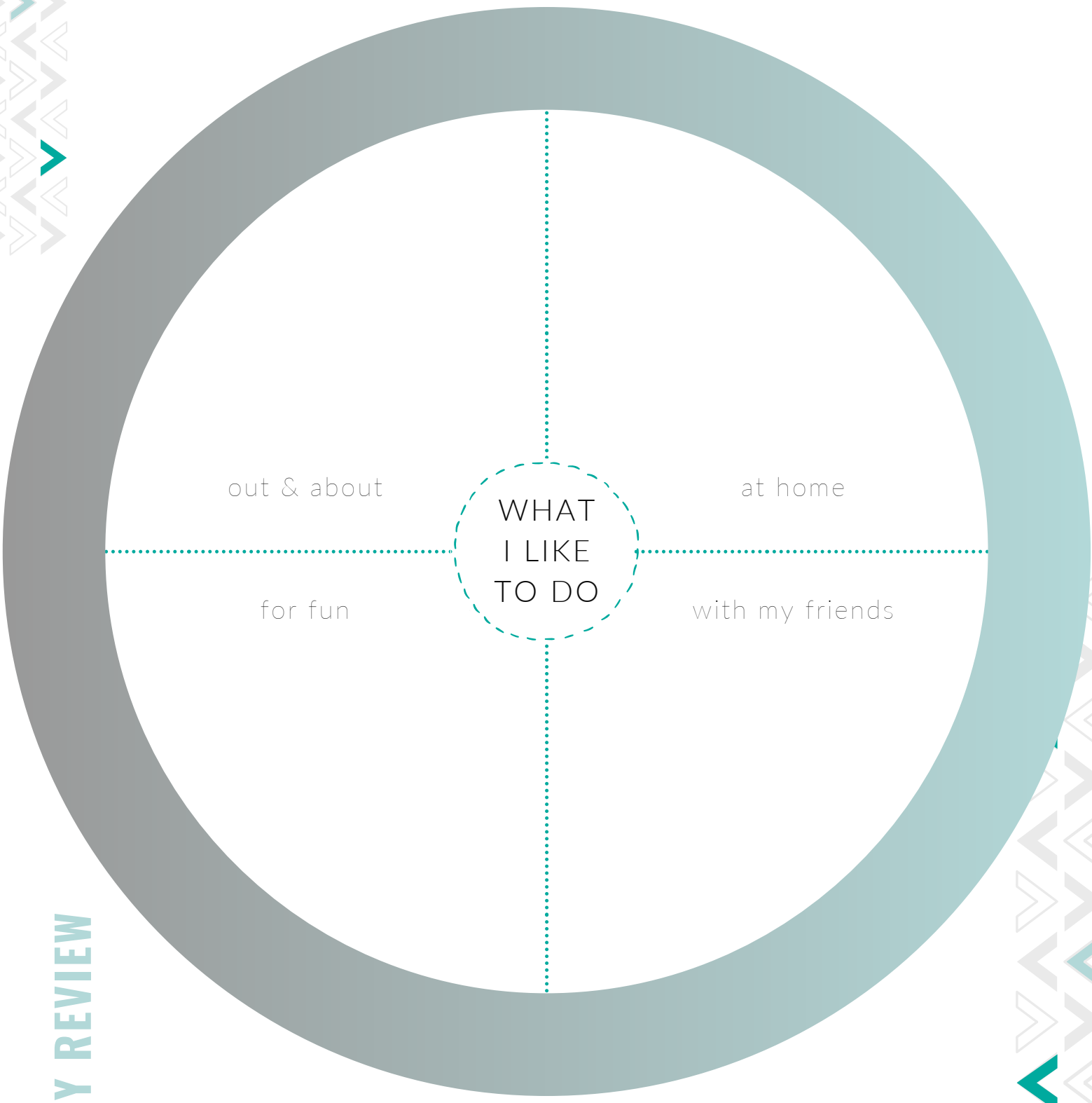
# IMPORTANT PEOPLE IN MY LIFE

Put names or pictures in the spaces below:



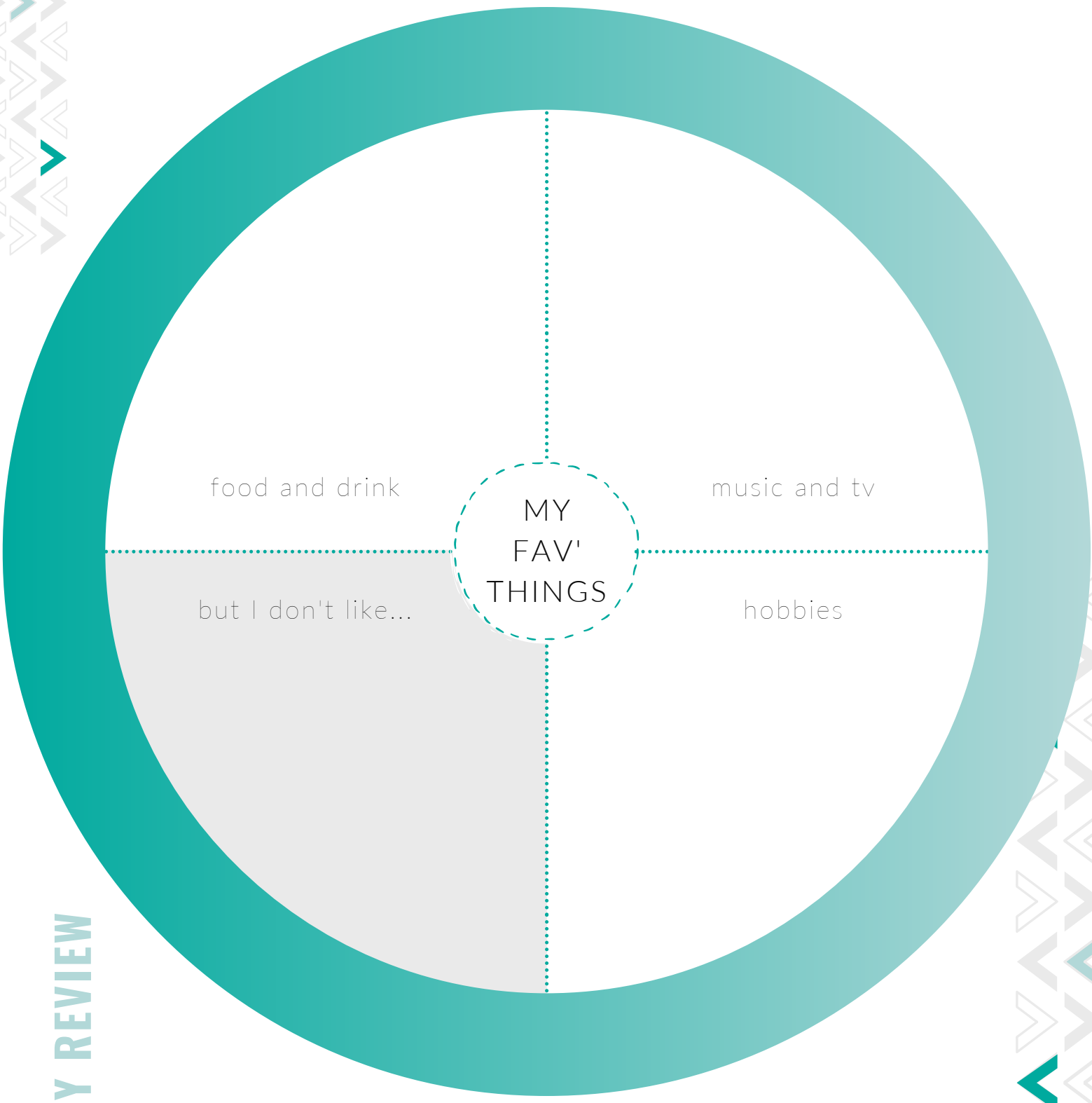
# WHAT IS IMPORTANT TO ME NOW

Write or stick pictures of what you like to do in the spaces below:



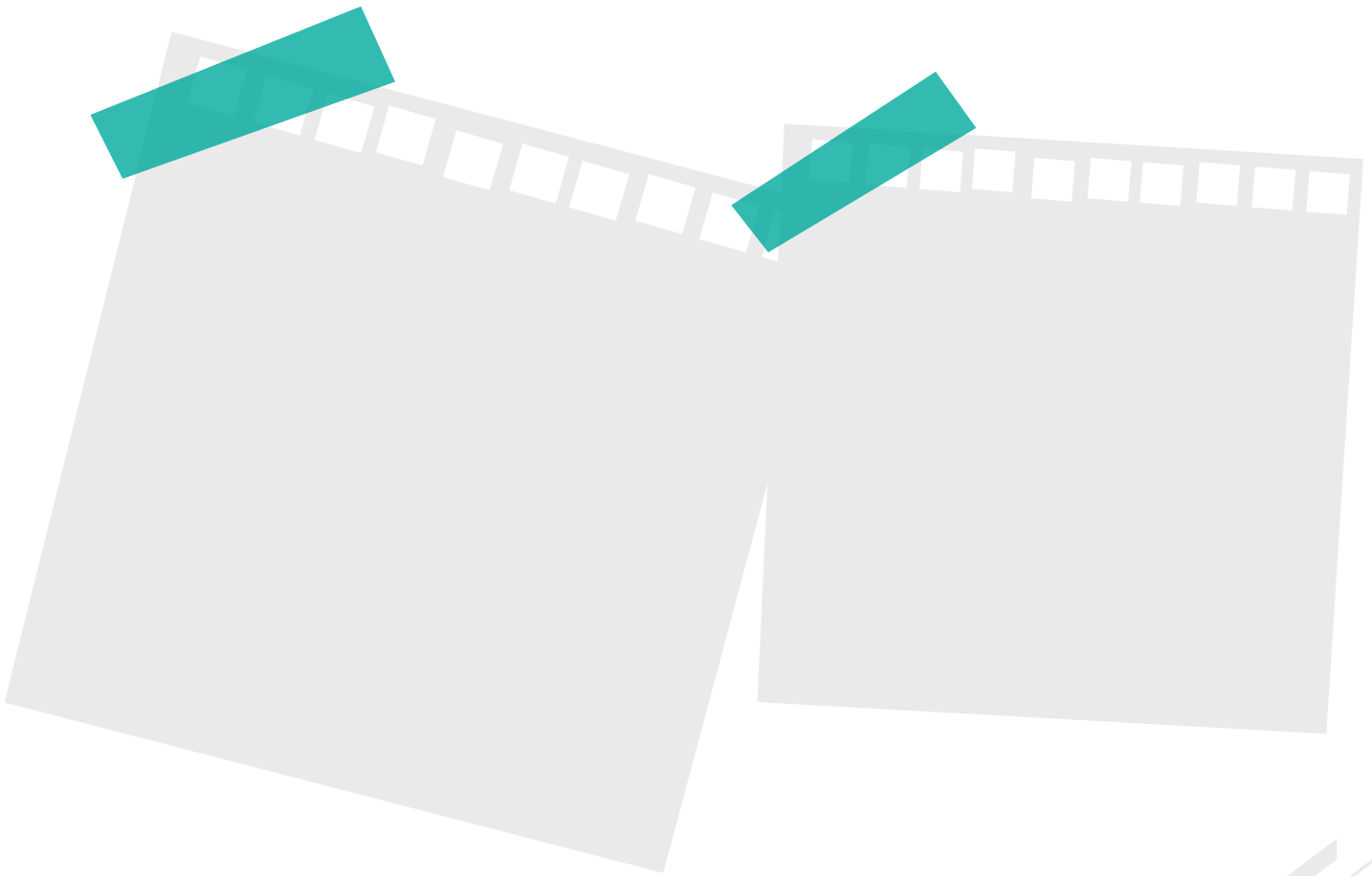
# SOME OF MY FAVOURITE THINGS

Write or stick pictures of your favourite things in the spaces below:

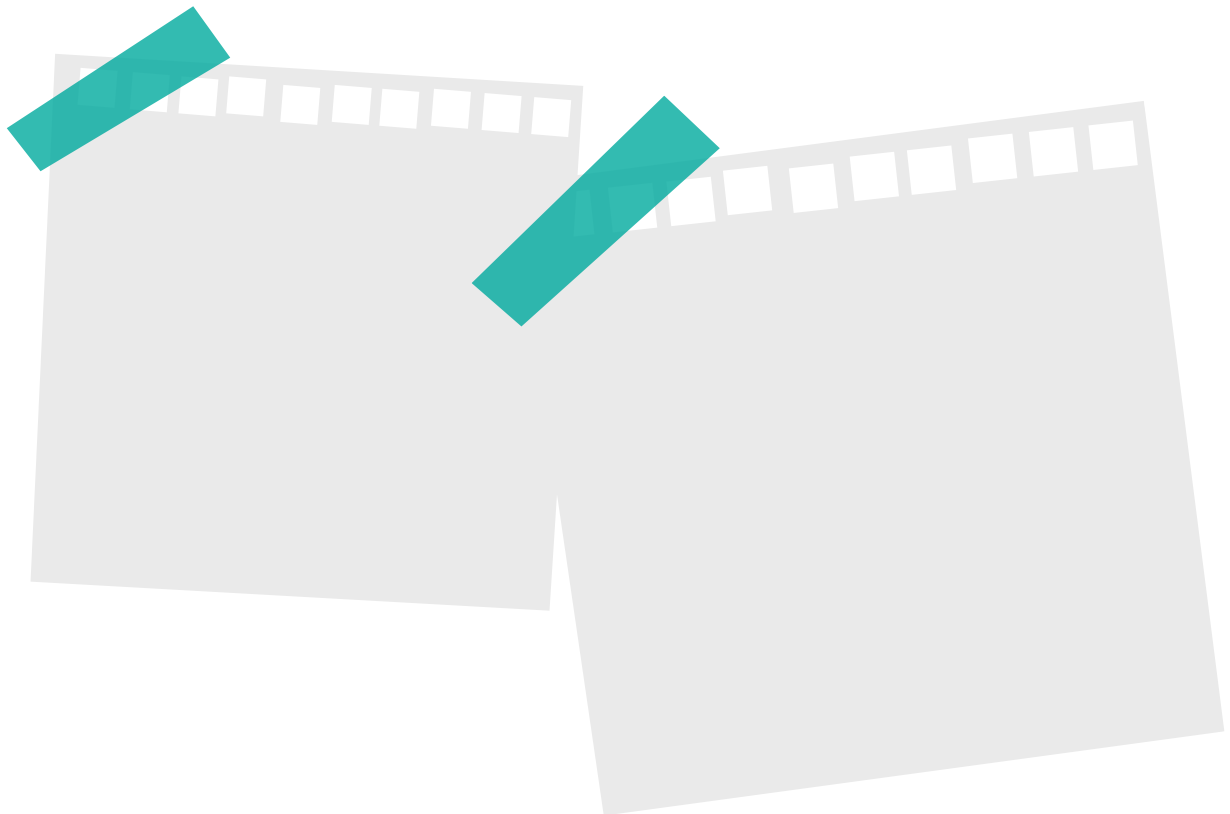


## SINCE MY LAST REVIEW

Write or stick pictures of things that you have got better at:



Write or stick pictures of things that you would like to get better at and the help you need to do this:



# IMPORTANT TO ME FOR THE FUTURE

4 wishes I'd like to come true:



My learning



My friends



Looking after myself



Keeping well





# WHAT I WANT TO CHANGE IN MY LIFE

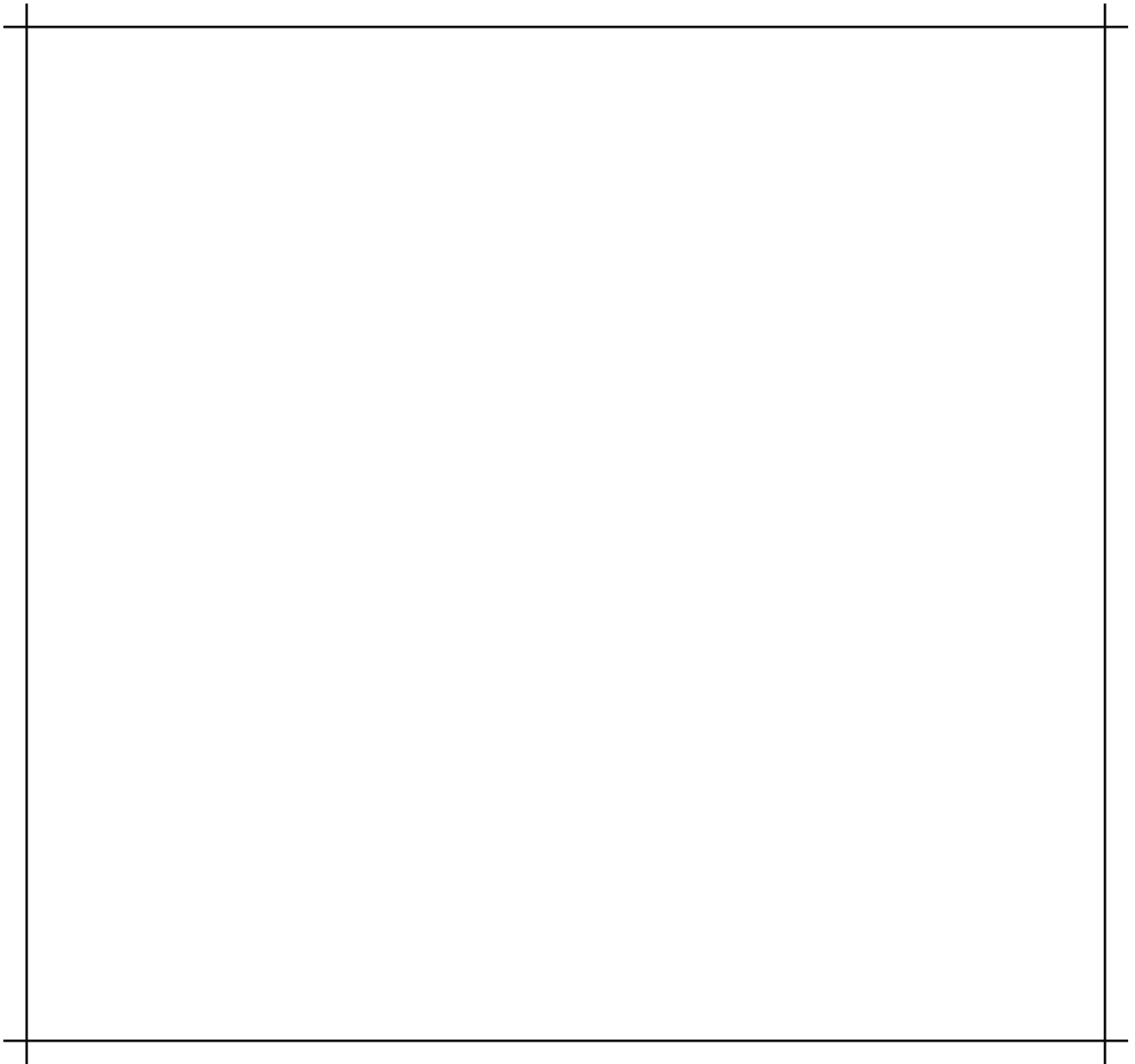
Write or stick pictures of things that you want to change:



# PLANNING MY REVIEW

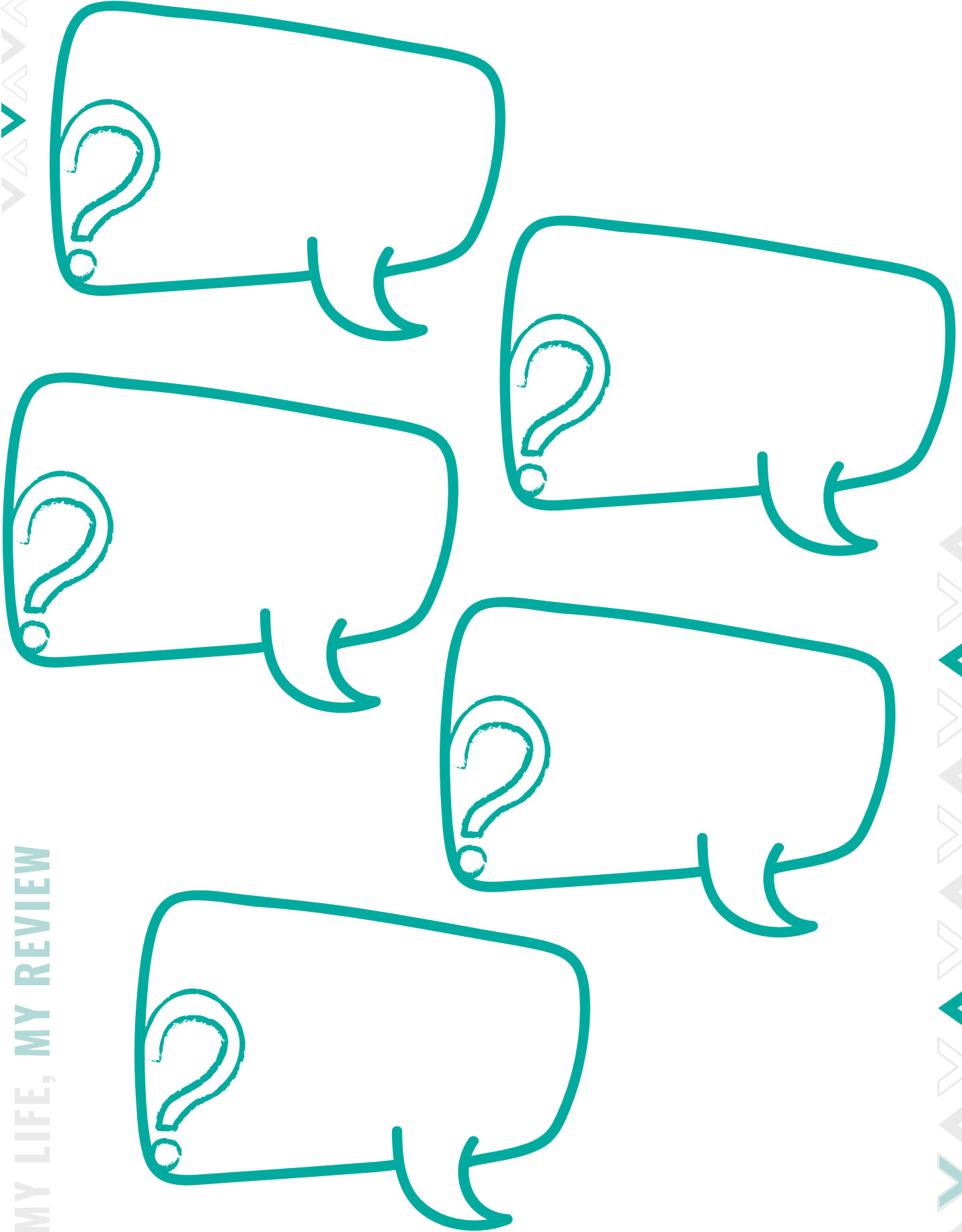
## I would like these people at my review

This may include family, friends , staff and other important people



# THINGS I WANT TO TALK ABOUT

I would like to ask:



# MY LIFE, MY REVIEW

This booklet was inspired by the 'My Review Workbook' created by Sheffield Joint Learning Disabilities Service.

*Produced by:*

Children's Services  
**London Borough of Bromley**  
Civic Centre  
Stockwell Close  
Bromley BR1 3UH

