

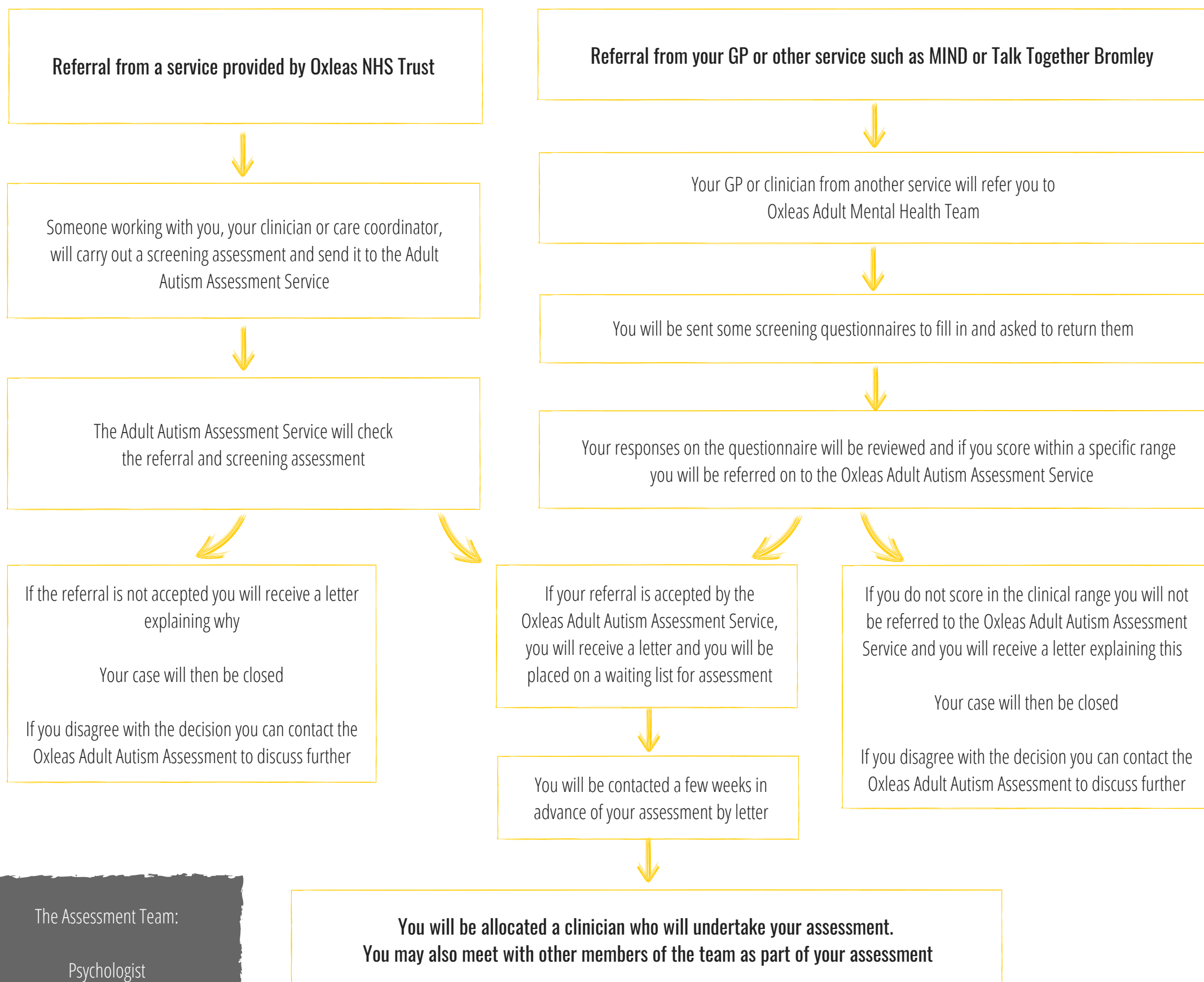
Oxleas Adult Autism Assessment Pathway

This flow chart sets out the Autism assessment pathway for adults 18 years and older who do not have a learning disability and are concerned they may have an Autistic Spectrum Disorder (ASD).

Referral to the Oxleas Adult Autism Assessment Service

There are two ways you can be referred to the Adult Autism Assessment Service:

- 1) By a service provided by Oxleas NHS trust e.g. Adapt Team (Anxiety, Depression, Affective disorders, Personality disorders and Trauma), ICMP Team (Intensive Case Management for Psychosis (Schizophrenia and Bi-polar))
- 2) By your GP or another service such as MIND or Talk Together Bromley



The Assessment Team:

Psychologist
Occupational Therapist
Speech and Language Therapist

WHERE?

- Typically the assessment will take place at Yeoman House, Penge.
- Sometimes assessments are offered at Queens Mary's Hospital, Sidcup.

WHAT?

- On your first appointment you will meet your allocated clinician.
- You may be asked to bring a parent or informant (someone who knows you well).
- They will talk to you about your history and it might be useful to bring any old reports or paperwork that might help the discussion.

HOW?

- Following your first appointment it will be decided whether you need an ADOS assessment and/or further meetings with your allocated clinician.
- This will be explained at the end of the meeting.

The Autism Diagnostic Observation Schedule (ADOS) assessment is a face to face assessment with you and 2 clinicians.

It lasts 45 mins and involves completing some games and puzzles.

You will not be told the results of the ADOS at the end of the appointment because time is needed to score it up.

Decision making

The assessment team will agree a diagnosis based on all the information they have gained from the assessment and discussions with you.

- You will be invited to attend a face to face feedback meeting to discuss the outcome of the assessment.
- You can bring a family member or a friend with you to this meeting
- You will also get a written report that is sent later in the post.

OUTCOME

Diagnosis of Autistic Spectrum Disorder?

YES

You will receive a Post Diagnosis pack with:

- Information about useful organisations and charities.
- Useful resources to help with your ASD.
- Other information that may be useful to you.

NO

The assessment team may offer to refer you to another service to further investigate the things that concern you e.g. anxiety or mental health.

You will be discharged from the Adult Autism Assessment Service