

Joint Local Health and Wellbeing Strategy

2024 to 2029





Foreword

I am delighted to present the 2024 to 2029 Joint Local Health and Wellbeing Strategy for the borough of Bromley on behalf of the Bromley Health and Wellbeing Board. This new strategy sets out our priorities for improving health and wellbeing over the next five years in Bromley.

Located in South East London, Bromley is the largest London borough geographically in the city. Although Bromley is a relatively prosperous area, the communities within Bromley differ substantially as revealed by the recent Joint Strategic Needs Assessment (JSNA) report. Although health and wellbeing in Bromley is generally considered to be good, there are issues and areas that could be improved.

Our vision in this strategy is for the people of Bromley to live independent, healthy and happy lives for longer. To achieve this, we must come together through the Health and Wellbeing Board to ensure that we make the best use of our collective resources. We will encourage and expect that all organisations use this strategy when considering actions to improve health and wellbeing and when making decisions about spending money, committing resources and planning services over the next five years.

This strategy is important. It is a shared agreement between each partner organisation in the Health and Wellbeing Board and people of all ages living and working in Bromley. It is about what we can and want to change. This strategic report should help those who commission or provide health and social care, communities and individuals to focus their efforts over the next five years.



Councillor David Jefferys

Chair

Bromley Health and Wellbeing Board



Contents

6

Introduction

8

Our process to
develop this strategy

14

Our vision and
ambition

16

Our priorities

17

Priority 1
Improving health
and wellbeing of
young people

18

Priority 2
Improving health
and wellbeing of
adults

20

Priority 3
Disease prevention
and helping people
to stay well

22

Our implementation
plan

23

How we will
measure progress

Introduction

This strategy aims to sustain, improve and promote the health and wellbeing of all who live and work in the borough, and sustain Bromley as a healthy place to live, work or visit.

We aim to tackle identified health inequalities and achieve real and measurable improvements in the health and wellbeing of residents. Our vision is for a healthier Bromley, where everyone can benefit from improvements in health and wellbeing.

This strategy has been jointly developed by Public Health Consultants, local authority officers, Clinical Commissioners and GP advisors, NHS representatives, local health and voluntary organisations. The strategy details how the Health and Wellbeing Board intend to work with cross-sector partners, including local residents, voluntary organisations and community groups, to reduce health inequalities and improve the health and wellbeing outcomes of our local communities and workforces.

The Joint Local Health and Wellbeing Strategy is a statutory document aiming to respond to the health, social care and wellbeing issues in a strategic manner in Bromley in accordance with the Health and Social Care Act 2012. It brings together those areas which impact on health and wellbeing into a single co-ordinated framework.



The strategy will guide the various agencies in Bromley as they tackle the major public health and wellbeing challenges to improve the health of the population and reduce health inequalities. It sets out the commitment to help individuals, families and communities make a positive choice to lead a healthier lifestyle, while also doing all we can to address the crucial wider determinants of health. It will identify and bring together several overarching priorities for action, recognising that our ageing population in Bromley, as elsewhere, increasingly suffers from co-morbidities and that most priority health concerns are inter-related and require multiple interventions to be impactful. From these, more detailed plans will be developed and delivered.

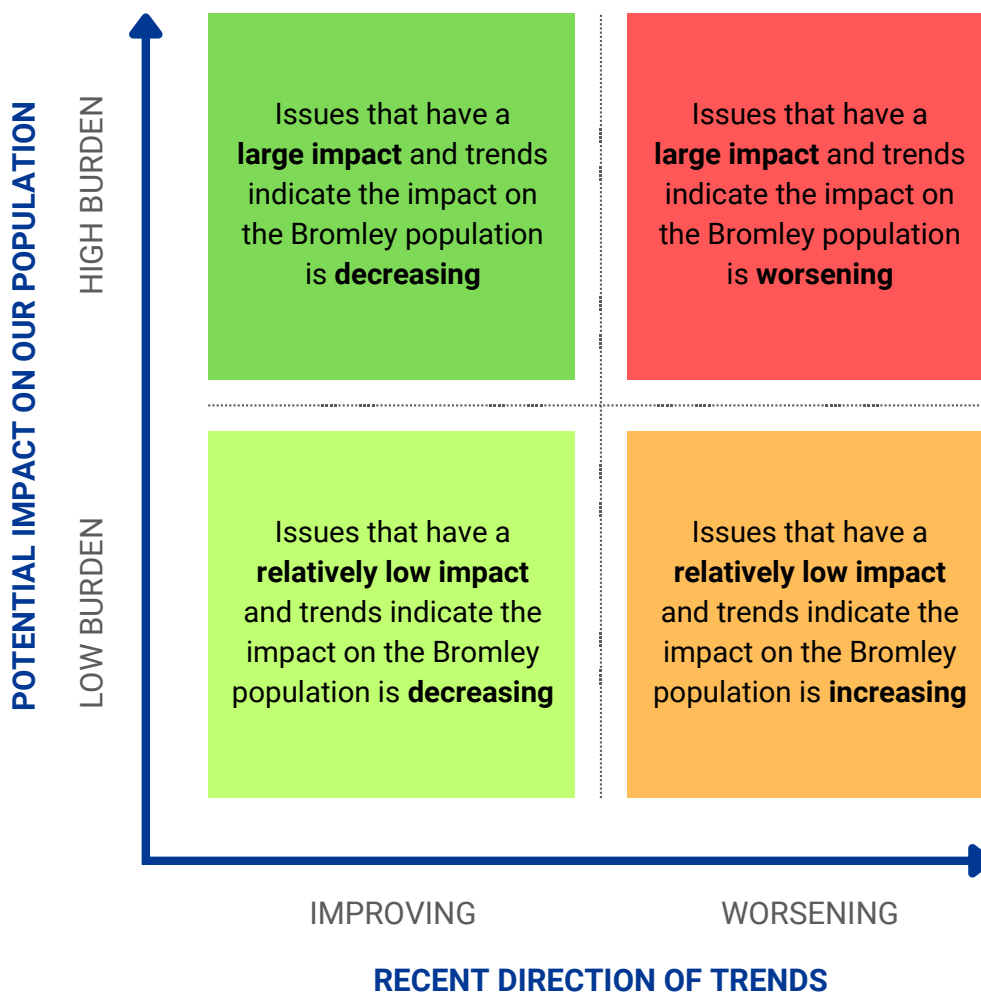


Our process to develop this strategy

An evidence-based methodology has been devised to identify potential priority issues for this new Joint Local Health and Wellbeing Strategy.

This has been achieved by adapting the previous methodology used to identify priorities for the 2012 to 2015 strategy, which itself was based on an original methodology devised by Hiten Dodhia, Consultant in Public Health for Lambeth.

This methodology is centred on the production of a matrix that classifies health and wellbeing issues according to their potential impact on the Bromley population (defined by the prevalence or incidence of disease or mortality) and the recent direction of trends (improving or worsening):



This Joint Local Health and Wellbeing Strategy is a statutory requirement but sits within the context of several other related strategies and plans:

London Borough of Bromley Corporate Strategy

The Council's 10 year corporate strategy, *Making Bromley Even Better*, sets out five ambitions:

- For children and young people to grow up, thrive and have the best life chances in families who flourish and are happy to call Bromley home.
- For adults and older people to enjoy fulfilled and successful lives in Bromley, ageing well, retaining independence and making choices.
- For people to make their homes in Bromley and for business, enterprise and the third sector to prosper.
- For residents to live responsibly and prosper in a safe, clean and green environment great for today and a sustainable future.
- To manage our resources well, providing value for money, and efficient and effective services for Bromley's residents.



[bromley.gov.uk/corporatestrategy](https://www.bromley.gov.uk/corporatestrategy)

South East London Integrated Care System Strategy

A five year strategy sets out the mission and vision for improving health and care in South East London Integrated Care System (SEL ICS) and the strategic priorities to focus on to improve health and care for residents. The five cross-system strategic priorities are:

- Prevention and wellbeing
- Early years
- Children's and young people's mental health
- Adults' mental health
- Primary care and people with long-term conditions



selondonics.org/our-priorities

South East London Integrated Care Board Joint Forward Plan

The Joint Forward Plan is reviewed annually to provide a strategic overview of the South East London Integrated Care Board (SEL ICB) key priorities and objectives for the medium term. It provides a high-level summary of the short-term actions that SEL ICS will take, working with partners, to ensure the key milestones that support meeting the medium-term objectives are secured, with further underpinning detail included in the annual operational plans.



selondonics.org/joint-forward-plan

Bromley Integrated Care Board (One Bromley) Strategy

A 5 year strategy structured around improving population health and wellbeing through prevention and personalised care. It also aims to ensure that high quality services are closer to home, delivered through communities and there is good access to urgent and unscheduled care services. It is shaped around three priorities:

- Improving population health and wellbeing through prevention and personalised care.
- High quality care closer to home delivered through neighbourhoods.
- Good access to urgent and unscheduled care and support to meet people's needs.



bit.ly/OneBromley5Year

A large number of other strategies and plans connect to this Joint Local Health and Wellbeing Strategy, and while many of them have a different focus or starting point, their content supports the delivery of our health and wellbeing outcomes. These include:

- Adult Social Care Roadmap to Excellence (Bromley Council)
- Ageing Well Strategy
- Children and Young People's Plan (CYPP)
- Children's Early Help Strategy
- Children's Roadmap to Excellence (Bromley Council)
- Council Portfolio Plans
- Digital Strategy
- Economic Development Plan
- Homelessness Strategy
- Housing Strategy
- Learning Disabilities Strategy
- Mental Health and Wellbeing Strategy
- Open Spaces Strategy
- Regeneration Strategy
- Other specific organisation, service and department plans



Our vision and ambition

This Joint Local Health and Wellbeing Strategy outlines the key priorities for improving health and wellbeing of people living in the Borough of Bromley.

Our strategic vision is to help the people living in Bromley to:



***“Live an independent, healthy
and happy life for longer ”***

Underpinning this strategy is a focus on working on early prevention which will be important to aid the delivery of improved outcomes for all and ensure delivery of our vision / ambition.

Our strategy vision will be achieved by improving the quality of life and wellbeing for the whole population, and for those with specific health needs, leading to an improvement in health and wellbeing for our residents. We will work closely with our partners to achieve this over the next five years.

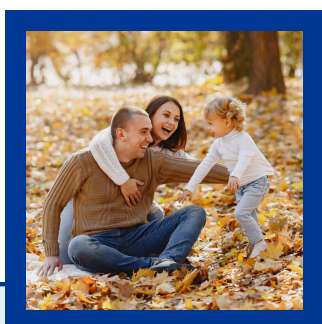


Our priorities

This strategy sets out key priorities which will enable us to target and focus on providing impact on health inequalities related to each of these priority areas, with an emphasis on groups and communities that currently have some of the lowest health and wellbeing outcomes.

For each priority we have set out a list of outcomes, aspects we want to change as a result of this strategy.

To deliver these outcomes we will need to operate differently, collaborating with key partners and organisations and working across the key strategies for each of these partners and organisations.



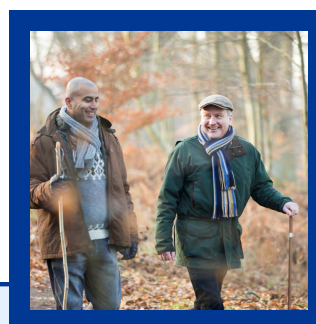
Priority 1

Improving health and wellbeing of young people



Priority 2

Improving health and wellbeing of adults



Priority 3

Disease prevention and helping people to stay well



Priority 1 – Improving health and wellbeing of young people

Outcomes:



Reduce the prevalence of overweight and obesity in children and young people.



Initiatives and interventions to tackle youth violence in Bromley.



Support the emotional wellbeing of parents, caregivers, babies, children and young people at the earliest stage possible.



Priority 2 – Improving health and wellbeing of adults

Outcomes:



Reduce the prevalence of overweight and obesity in adults.



Slow down the rise in the number of new cases of diabetes.



Raise awareness on the links to obesity, diabetes, and hypertension.



Develop work around brain health and the importance of promoting good brain health.



Significantly improve awareness and understanding of dementia so that people have the information they need to reduce the risk of developing dementia, as well as to live well with dementia.



Ensure people with dementia have equal access to the health and wellbeing support that is available to everyone else.



Enable people at risk of and with depression, anxiety, and or other mental health issues, to access the right early help and resources.



Support the suicide prevention steering group to develop and deliver a suicide prevention action plan, for Bromley to support delivery of the Bromley Suicide Prevention Strategy.



Support the Combatting Drugs and Alcohol Partnership Board to implement the recommendations of the National Drug Strategy.





Priority 3 – Disease prevention and helping people to stay well

Outcomes:



Long term conditions are improved, and further complications prevented with a focus on the vital five (smoking, obesity, hypertension, alcohol and mental health), and physical activity.



People are supported to live well and independently for as long as possible.





Our implementation plan

This Joint Local Health and Wellbeing Strategy has set out our vision and the priorities that we believe will enable us to achieve it, along with an outline of how we will work and commission services for Bromley; however, the key to achieving our vision and priorities lies in how we implement this strategy.

This strategy has been produced by the Council collaborating jointly with its partners and agreed by the Health and Wellbeing Board.

Alongside this strategy, there will be an action plan for each individual priority area with lead organisations that will clearly set outcomes and targets, including how partners will work together to achieve each priority. We will be asking partners and groups to develop more detailed action plans.

Overall, the action plans and progress will be reported to the Health and Wellbeing Board twice annually.



How we will measure progress

The Health and Wellbeing Board will oversee the implementation and delivery of this strategy.

We will attempt to measure the impact and effectiveness of the strategy by developing an implementation plan with metrics. This will set out the key areas of work against our priorities as well as the metrics we will use to understand the progress made. The strategy will be reviewed by the Health and Wellbeing Board on a yearly basis from year two onwards.

The strategy is a developing document. The next stage in delivery of the strategy is to work with groups and partners to develop individual action plans with metrics for each of the priority areas, which will feed into the overarching implementation plan.

Once these action plans have been developed, the Council's Public Health Team will work with the groups to manage the implementation plans and metrics and ensure regular reporting to the Health and Wellbeing Board.



Our partners

This Joint Local Health and Wellbeing Strategy has been created by the following partners of the Health and Wellbeing Board:



Glossary

- CYPP** Children and Young People’s Plan
- HWB** Health and Wellbeing Board
- ICB** Integrated Care Board
- ICS** Integrated Care System
- JSNA** Joint Strategic Needs Assessment
- PHOF** Public Health Outcomes Framework
- SEL ICB** South East London Integrated Care Board
- SEL ICS** South East London Integrated Care System



Produced by:

Public Health
London Borough of Bromley
Civic Centre
Stockwell Close
Bromley BR1 3UH

