

## **STANDARD CONDITIONS FOR SPA POOLS AND JACUZZIS**

### **1.0 Definitions**

1.1 Spa Pool and Jacuzzi - for the purpose of these standard conditions a spa pool/ jacuzzi is defined as a pool full of warm water at approximately body temperature, designed for sitting in rather than swimming. It has jets of water, or air bubbles or combination of both to provide a warm water massage.

### **2.0 Qualifications**

Only therapists approved by the London Borough or Bromley are able to control spa pool /Jacuzzi use.

### **3.0 Health and Safety Procedures**

3.1 For the management of Spa pools/Jacuzzis all operators must refer to the Health and Safety Executive Approved Code of Practice and Guidance L8, "The Control of Legionella Bacteria in Water Systems".

3.2 Records must be available for inspection by an authorized officer of the free chlorine levels and the pH levels of the spa

3.3 The licensee must be able to demonstrate that the microbiological quality of the spa pool water complies with the Public Health Laboratory Service 1994 Guidance on Hygiene for Spa Pools or later Guidance from the Health Protection Agency or HSE.

3.4 The licensee must have a written policy of action to be taken in the event of an unsatisfactory microbiological result or other health concerns associated with use of the pool.

3.5 There must be a non-verbal alarm system in the vicinity linked to a manned reception area for summoning help when users are left unattended. The alarm should continue to sound until it is manually switched to the 'off' position in order to silence it. The user must be made aware of the alert mechanism and how to use it.

3.5 The licensee shall have a written policy detailing the action to be taken in the event of the alert mechanism being used. This shall be communicated to all relevant personnel.

3.6 All equipment shall be of sound mechanical construction and regularly maintained. Records of maintenance should be held for inspection by authorised officers

3.7 The electrical safety, including the adequate earthing and insulation of all equipment, should be examined periodically by a qualified engineer who should report in writing the result of his inspection. Equipment must be regularly serviced in accordance with the manufacturers instructions and a record of such services and copies of the electrical engineers report must be kept on the premises for inspection if required. In accordance with the latest IEE (institute of Electrical Engineers) requirements.

3.8 The licensee shall have a written procedure detailing steps taken to ensure the maximum bather load for the facility is not exceeded.

3.9 A notice providing information on the use of the spa pool must be clearly displayed near each unit.

3.10 A rest area for users should be provided.

3.11 The spa pool must be emptied and refilled at regular intervals in accordance with the manufacturers guidance and usage but in any event at least every week

3.12 The water circulation system must be run for a minimum of 3 hours/day and preferably continuously.

3.13 Water jets must be operated for a minimum of 1 hour/day.

3.14 The pool must be drained and refilled if left unused for 5 days or more.

#### **4.0 Client Consultation Procedures**

All clients must complete a client consultation card before their first use of the spa pool to ascertain any issues for concern. These would include:

- a.) Currently Pregnancy
- b.) Suffering from heart disease, circulatory problems, high or low blood pressure
- c.) Diabetes
- d.) Suffering from infectious skin disease, sores and wounds
- e.) Taking antihistamines, anticoagulants, vasoconstrictors, vasodilators, stimulants, hypnotics, narcotics or tranquillisers or any other medication which makes the therapist or licence holder unsure as to the advisability of using the spa pool.
- f.) Have consumed a heavy meal within one and a half hours
- g.) Have consumed alcohol within one and a half hours.

If the client has answered yes to any of these then they should be advised to consult their GP before using the spa/Jacuzzi.

#### **5.0 Record Keeping**

5.0 All records required in 3.0 must be made available to an authorized officer .

5.1 Client consultation records must be held on the premises and be available for inspection by an authorised officer.

5.2 Daily, weekly, monthly and periodical check records must be available for inspection by an authorised officer.

5.4 Maintenance and electrical safety records must be available for inspection by an authorised officer.

## **6.0 Age**

No one under the age of 16 must be allowed to use the spa/Jacuzzi .

## **7.0 Challenge 25 Policy**

Any person wishing to receive a licensable treatment will need to provide proof of their age if they look under 25 .

Licencees must advertise this policy so that all clients are made aware that they may be challenged about their age if they look under 25.

Acceptable forms of ID are a photo driving licence, passport or the PASS hologram proof of age card. In addition Bromley Trading Standards have developed a BIZ proof of age card (with PASS hologram) which has been issued to participating schools in the Borough. Where a challenge is made, it must be recorded and proof age also noted on the client record card.



## STANDARD LICENCE CONDITIONS

### SAUNA AND STEAM ROOMS

#### 1.0 Definitions

Saunas consist of an insulated enclosure usually made of wood, together with heat generating equipment usually in the form of a heat-generating stove. Benches are provided within the sauna enclosure. Saunas provide a dry heat and the temperature may range from 85°C to 100°C for up to a 10 minute treatment

#### Steam room/bath

These consist of an enclosure made of an impervious material and steam generating equipment. They are designed to operate at temperatures of up to 50°C regulated by a thermostat with relative humidity of 80 to 100%. They produce a wet humid heat and are intended for indoor use. The treatment usually lasting 6 – 12 minutes .

#### 2.0 Client consultation

2.1 A full client consultation must be carried out at the time of a first visit, prior to any treatment.

This is to include the following:

#### Medical history

Does the client have:

- skin condition eg psoriasis/eczema
- High/low blood pressure
- Epilepsy
- Diabetes
- Allergies

Is the client:

- Taking medication or blood thinning agents
- Breast feeding
- Pregnant
- Suffer from heat disorders

Where any of the above conditions exist, written consent from the clients GP must be given before any electrolysis is carried out.

2.2 An explanation of the use of the sauna /steam room.

#### 3.0 Cleaning disinfection and infection control

##### 3.1 Cleaning

The sauna/steam room must be cleaned and disinfected each day, in accordance with manufacturer's instructions and with cleaning materials specified by the manufacturer.

#### **4.0 Age**

Only clients over the age of 16 are permitted to use a sauna/steam room.

#### **5.0 Challenge 25 Policy**

Any person wishing to receive a licensable treatment will need to provide proof of their age if they look under 25 .

Licencees must advertise this policy so that all clients are made aware that they may be challenged about their age if they look under 25.

Acceptable forms of ID are a photo driving licence, passport or the PASS hologram proof of age card. In addition Bromley Trading Standards have developed a BIZ proof of age card (with PASS hologram) which has been issued to participating schools in the Borough. Where a challenge is made, it must be recorded and proof age also noted on the client record card.

#### **5.0 Qualifications**

Only Therapists approved and registered by the London Borough Bromley can operate / be in control of a sauna and steam room.

#### **6.0 Record Keeping.**

All records must be kept and made available to an authorised officer.