



THE LONDON BOROUGH



A guide to preparing for adulthood

A guide for families of teenagers and young adults (aged from 14 to 25) who have special educational needs and disabilities (SEND) in Bromley



young-sendmatters.co.uk

Pathways to getting a good life in Bromley



Year 9 Review Year 10 Year 11 Post 16

Person-centred transition plan and support plan

Pathway into employment...

Paid work doing the job I dream of



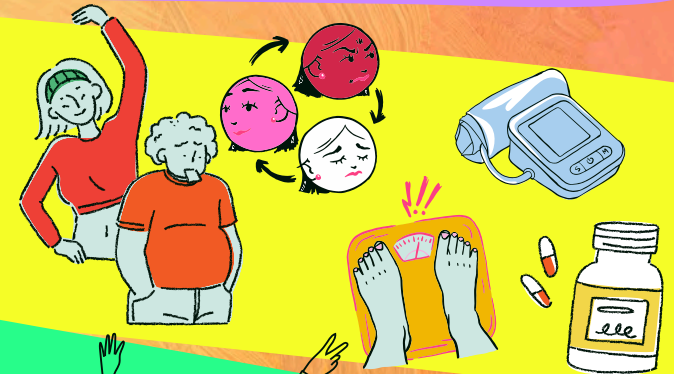
Pathway to independence...

The home where I choose to live



Planning for good health...

Good body and mind health



Developing friendships, relationships and community...

Having a good time with friends, part of my community



Curriculum
Personalised so you get the learning you need for your career and your life



What's in this guide

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An introduction to this guide

The move from being a child to becoming an adult can be a time of significant change in the lives of all teenagers and young adults as they prepare to gain increased independence and make plans for the future.

This should be an exciting time, but for some young people with Special Educational Needs or Disabilities (SEND), learning difficulties or mental health needs this might also be a time of uncertainty.

This guide provides the information needed to understand the changes that the teenager or young adult might expect. It will help them and their families to have their views and opinions known so that they can make informed choices and have control over their futures helping them to achieve good life outcomes. This can be complicated as support from education, health and social care may change when they reach their 18th birthday. For example, not everyone receiving Children's Social Care services will be eligible for Adult Social Care services, as the eligibility criteria is different which means that their support options may be different to.

That is why 'Preparing for Adulthood' (PFA) should start early so that the right support for the teenager or young adult is in place at the right time to allow them to achieve the life outcomes they want.

This guide is divided into the ages of the teenager or young adult from aged 13 (Year 9) to post 16 (up to age 25).

Each age range is then shaped around the four key Preparing for Adulthood pathways along with a fifth pathway that we have identified locally (needs review and forward planning):

PFA
PATHWAYS



Staying healthy and well

This means being as healthy as possible in adult life.



Friends, relationships and community

This means participating in society, including having friends and supportive relationships, and contributing to the local community.



Preparing for and finding employment

This means experiencing the world of work, exploring different training and employment options and preparing to find employment independently or with help from supported employment agencies.



Developing independence

This means having choice, control and freedom over your life, the support you receive, your accommodation and living arrangements.

LOCAL
PATHWAY



Needs review and forward planning

This means the things that they might need to consider at each stage of their journey.

For young people in

YEAR 9

Aged 13/14



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well



Friends, relationships and community

What's happening in this stage?

Think about how they will...

- Continue to eat well, exercise regularly and make healthy life choices.
- Use community health care services, such as pharmacists, dentists, opticians and sexual health services.
- Use specialist health care services, such as equipment, therapies and other specialist support.

All young people with a confirmed learning disability are entitled to an Annual Health Check from the age of 14. Learn more at [nhs.uk/conditions/learning-disabilities/annual-health-checks](https://www.nhs.uk/conditions/learning-disabilities/annual-health-checks)

If they receive support from the NHS Continuing Care service, at the age of 14 years they will be brought to the attention of the adult Continuing Healthcare service who will prepare to assess them for ongoing support once they reach adulthood.

Who's responsible?

- GP
- Bromley 0 - 19 Public Health Service, including School Nursing
- Bromley Healthcare - community health services
- Oxleas NHS Foundation Trust - Child and Adolescent Mental Health Services (CAMHS), if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)

What's happening in this stage?

Think about their friendship group...

- Who are their closest friends? How can they develop and keep those friendships?
- Are there other key people in their network or circle of support?
- How can they create and build new friendships?

If they currently take part in out of school activities, can they continue to do them as they get older? Or are there any activities that they would like to do? If so, the Bromley Local Offer provides details of leisure activities in and around the borough - visit [bromley.gov.uk/send-leisure-activities](https://www.bromley.gov.uk/send-leisure-activities)

Who's responsible?

- The school
- The Council's 0 - 25 Service (Children's Disability Team and PfA Team), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment



Developing independence

What's happening in this stage?

Think about their...

- Interests at school – what subjects they enjoy (and those that they don't) and what they are doing well in.
- Aspirations for their career – what ideas they have for a job and what they would like to do when they are older.
- Next steps in education – what courses or experiences they need to achieve their aspiration for work.

The school careers lead will help them to develop a Career Plan and/or Vocational Profile to help them. This should be supported by the school identifying how the curriculum will provide opportunities to explore the world of work and gain work experience.

Who's responsible?

- The school, careers and/or transition lead
- Bromley Independent Advice and Support Service (IASS)

What's happening in this stage?

Think about...

- The skills they need to live as independently as possible in the future, such as personal care, travelling on their own, managing their money and budgeting, and domestic skills to look after their own home.
- How they can experience opportunities to develop or enhance those skills at home, in the community and at school.

You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood

Who's responsible?

- The school, careers and/or transition lead
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

For everyone

- Fact-finding about post 16 provision and options, referring to Bromley Local Offer - visit bromley.gov.uk/localoffer

For those who receive SEN support

- SEN Support provision and progress is reviewed in cycle of Assess, Plan, Do Review, with outcomes, targets and next steps aligned to Preparing for Adulthood (PfA) pathways.
- Next steps agreed in alignment with the four Preparing for Adulthood pathways.

For those who have an EHC Plan

- Year 9 Annual Review of EHC Plan coordinated by the school.
- EHC Plan is review and new outcomes recorded that reflect the Preparing for Adulthood (PfA) pathways.
- School forward EHC Plan Annual Review paperwork to the Council's SEN service.

For those who receive Children's Social Care support

- The Council's 0 - 25 Service (Children's Disability Team and PfA Team) review existing social care support, including short breaks.

For those who receive Health Care

- Health services will continue transition planning.

Most children and young people with identified special educational needs (SEN) will have their needs met without the need for an EHC Plan. For this group timely planning and preparation for upcoming transitions and adulthood is still essential and happens as part of the SEN Support Assess, Plan, Do, Review cycle.



Further information

- Consider how the annual review process can be joined up with any other reviews that the teenager or young adult has, such as the Child Looked After (CLA) or Child in Need (CIN) review.

For young people in

YEAR 10

Aged 14/15



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well



Friends, relationships and community

What's happening in this stage?

All young people with a confirmed learning disability are entitled to an Annual Health Check from the age of 14. You can ask at your GP Practice about this Learning Disability Annual Health Check.

Learn more at nhs.uk/conditions/learning-disabilities/annual-health-checks

At this age, health professionals will begin to work with you and the young person to plan their discharge from children's health services and any move to adult health services. The identified health transition leads will help make sure that everyone is aware of how their health needs will be met.

If they receive support from hospital services or community services, including mental health and wellbeing services, the health transition leads will be identified.

If they are in receipt of health services, you might want to think about Personal Health Budgets and if the young person might be eligible. Learn more at selondonics.org/personal-health-budgets

Who's responsible?

- GP
- Bromley 0 - 19 Public Health Service, including School Nursing
- Bromley Healthcare - community health services
- Oxleas NHS Foundation Trust - Child and Adolescent Mental Health Services (CAMHS), if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)

What's happening in this stage?

Begin to discuss what is important to them about their friends and their social life in the future. Talk to them about how this might be achieved.

How often are they going out with their friends? Is this enough? If they want to be out more, what other advice or support is needed?

Do they or their family need any additional support. The Bromley Local Offer has information about groups, activities and things to do - visit bromley.gov.uk/send-leisure-activities

Who's responsible?

- The school
- The Council's 0 - 25 Service (Children's Disability Team and PfA Team), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment



Developing independence

What's happening in this stage?

The Year 10 review is the beginning of the process for choosing post 16 options. Ideally a preference will be identified in Year 10 and if a move from existing school is planned, providers can be consulted, and the provision and support can start to be discussed.

Think about their ambitions and aspirations by supporting them to think about the following statements:

- What I can offer
- What I like doing
- What support I need

Consider how they can find information about the options available to them in the future, such as supported employment and apprenticeships. Use this information to help them to identify aims, goals and outcomes for the future, including post-16 learning options, increasing independence skills, meeting ongoing care and support needs.

The school careers lead will help them to update their Career Plan and/or Vocational Profile. This should be supported by the school identifying how the curriculum will provide opportunities to explore the world of work and gain work experience. In addition, this will include the actions required to work toward agreed employment outcomes, plan visits to taster sessions with post-16 providers and/or invite to review meeting.

Who's responsible?

- The school, careers and/or transition lead
- Bromley Independent Advice and Support Service (IASS)

What's happening in this stage?

Think about how they can develop their skills for...

- Travelling as independently as possible.
- Living as independently as possible in the future, such as personal care and domestic skills to look after their own home.

You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood

Who's responsible?

- The school, careers and/or transition lead
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

For everyone

- Fact-finding about post 16 provision and options, referring to Local Offer - visit bromley.gov.uk/localoffer
- Parents the teenager visit sixth form settings or colleges to understand post 16 options.
- If the teenager is likely to have a change of environment post-16, such as a move from school to college, consider what might be needed for a smooth transition.

For those who receive SEN support

- SEN Support provision and progress continues to be reviewed in cycle of Assess, Plan, Do Review, with outcomes, targets and next steps agreed aligned to PfA pathways.

For those who have an EHC Plan

- Year 10 Annual Review of EHC Plan coordinated by the school.
- HC Plan is reviewed against the PfA pathways with outcomes, targets and next steps agreed.
- School forward EHC Plan Annual Review paperwork to the Council's SEN service.

For those who receive Children's Social Care support

- The Council's 0 - 25 Service (Children's Disability Team and PfA Team) review existing social care support, including short breaks.

For those who receive Health Care

- Health services will continue transition planning.

Most children and young people with identified special educational needs (SEN) will have their needs met without the need for an EHC Plan. For this group timely planning and preparation for upcoming transitions and adulthood is still essential and happens as part of the SEN Support Assess, Plan, Do, Review cycle.



Further information

- Consider how the annual review process can be joined up with any other reviews that the teenager or young adult has, such as the Child Looked After (CLA) or Child in Need (CIN) review.

For young people in

YEAR 11

Aged 15/16



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well



Friends, relationships and community

What's happening in this stage?

At this age, health professionals will begin to work with you and the young person to plan the discharge from children's health services and any move to adult health services. The identified health transition leads will help make sure that everyone is aware of how their health needs will be met.

Young people are now at a legal age to consent to medical treatment, in line with the Gillick Competence Test and will be encouraged and supported to give their views about their treatment. Learn more at [nhs.uk/conditions/consent-to-treatment/children](https://www.nhs.uk/conditions/consent-to-treatment/children)

- They should be signposted towards well-woman or well-man and sexual health clinics. Learn more at [sexualhealthbromley.co.uk](https://www.sexualhealthbromley.co.uk)
- Consider if they need a continuing healthcare assessment for adults. A Continuing Healthcare Checklist and Nursing Assessment should be completed and submitted prior to age of 17.
- If they are educated out of area, start thinking about accessing Bromley Healthcare services on their return. Learn more at [bromleyhealthcare.org.uk/explore-our-services](https://www.bromleyhealthcare.org.uk/explore-our-services)
- If they have a confirmed learning disability and are registered with GP encourage them to attend their annual health check.

Who's responsible?

- GP
- Bromley 0 - 19 Public Health Service, including School Nursing
- Bromley Healthcare - community health services
- Oxleas NHS Foundation Trust - Child and Adolescent Mental Health Services (CAMHS), if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)

Think about their friendship group...

- How will the friendships be maintained after school ends?
- How will they keep in touch with others?

Can they access local services, such as sports centres, libraries, cinemas, restaurants and shopping centres, or do they need extra help? If so, do they need extra information or support?

Do they and their families understand if they are eligible for short breaks post-18 and what is available? Learn more at [bromley.gov.uk/LocalOfferPreparingforAdulthood](https://www.bromley.gov.uk/LocalOfferPreparingforAdulthood)

What's happening in this stage?

Who's responsible?

- The school
- The Council's 0 - 25 Service (Children's Disability Team and PfA Team), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment



Developing independence

What's happening in this stage?

Teenagers may leave school after Year 11; however, the law says that they should remain participating in learning until the age of 18 years. This could include:

- full-time education, such as at a school or college.
- a pre-apprenticeship, apprenticeship or supported internship.
- part-time education or training combined with employment or self-employment for 20 hours or more a week or volunteering for 20 hours or more a week.

Think about how they can use their work experience opportunity to shape their learning and future plans.

Explore any funding that might be available to support them to find and secure employment, such as how any Personal Budget or Direct Payment might be used to support employment aspirations.

Where they are unable to travel independently to education, employment or training options, consider the different assistance that is available.

Who's responsible?

- The school, careers and/or transition lead
- SEN Transport team, if involved
- Bromley Independent Advice and Support Service (IASS)

What's happening in this stage?

- Begin to think about the link between their career plans and housing options to help them to think about where they might live when thinking about future education, training or jobs.
- Help them to travel independently wherever possible, including seeking support and assistance when they need it.
- Think about the time spent away from home and how this does or could help to develop their independence.

You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood

Benefits and money: First benefits check to be arranged at 15.5 years. This is critical to ensure that the family or young persons income is maximised.

If they are in the care of the Council, Children's Services may need to apply for National Insurance number.

Who's responsible?

- The school, careers and/or transition lead
- Other lead professional
- SEN Transport, if involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

For everyone

- The teenager decides on the preferred post 16 option. Plan the transition if they are going to a new setting or environment. Think about practicality of distance, travel routes, hours and days of course as well as motivation, interest and personal development.

For those who receive SEN support

- SEN Support provision and progress continues to be reviewed in cycle of Assess, Plan, Do Review, with outcomes, targets and next steps agreed.

For those who receive Health Care

- Health services will continue transition planning.

For those who have an EHC Plan

- Year 11 Annual Review of EHC Plan coordinated by the school.
- EHC Plan reviewed and outcomes reviewed against the four Preparing for Adulthood pathways.
- School forward EHC Plan Annual Review paperwork to the Council's SEN service.
- If moving on from school, confirmation should happen by 31st March naming the post-16 provision.
- Multi-agency panel involved if there is a request for a specialist placement at college.
- Consider if their GP needs to be informed if an out of borough placement is agreed.
- From the age of 16 young people have their own legal rights as set out in the Mental Capacity Act. From this age they will be consulted directly about their ambitions, aspirations and future plans. The Council addresses letters and other correspondence to the young person.

For those who receive Children's Social Care support

- The Council's 0 - 25 Service (Children's Disability Team and PfA Team) review any existing social care support package, including short breaks and will consider possible eligibility and referral for assessment for support from the adult social care team at 17.5 years old.

Most children and young people with identified special educational needs (SEN) will have their needs met without the need for an EHC Plan. For this group timely planning and preparation for upcoming transitions and adulthood is still essential and happens as part of the SEN Support Assess, Plan, Do, Review cycle.



Further information

- The Mental Capacity Act protects vulnerable people from age 16 plus around decision making. From 16 years of age, ensure that young people have the appropriate support to make their own informed decisions. Learn more at: [nhs.uk/conditions/social-care-and-support-guide](https://www.nhs.uk/conditions/social-care-and-support-guide)
- Consider how the annual review process can be joined up with any other reviews that the teenager or young adult has, such as the Child Looked After (CLA) or Child in Need (CIN) review.

For young people in

YEAR 12

Aged 16/17



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well

Health professionals will begin to work with you and the young person to plan their discharge from children's health services and any move to adult health services. The identified health transition leads will help make sure that everyone is aware of how their health needs will be met.

Your health professionals (such as the GP or the transition lead) will work with you and the young person to identify any post-18 health support that is needed, and will provide information about the eligibility criteria for these and the pathways to access them.

Check that the relevant professionals are in contact with each other, that they have shared information (with relevant consents) and have a shared understanding of how best to communicate with the young person.

If you feel that a continuing healthcare assessment for adults might be needed discuss with your health professional. A Continuing Healthcare Checklist and Nursing Assessment should be completed and submitted prior to age 17.

- Ensure that you and the young person are in control of any financial support for keeping healthy.
- Make sure that the young person is aware of their local well-woman or well-man and sexual health clinics. Learn more at sexualhealthbromley.co.uk

If they are educated out of area, start thinking about NHS mental capacity and accessing Bromley Healthcare services on their return. Learn more at bromleyhealthcare.org.uk/explore-our-services

- GP
- Bromley 0 - 19 Public Health Service, including School Nursing
- Bromley Healthcare - community health services
- Bromley Community Learning Disability Team (CLDT), if they are involved
- Oxleas NHS Foundation Trust - Child and Adolescent Mental Health Services (CAMHS), if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)



Friends, relationships and community

- Talk with them about their social group to make sure they can remain in touch with their friends and make arrangements for ongoing socialisation and maintaining friendships.
- Can they access local services, such as sports centres, libraries, cinemas, restaurants and shopping centres, or do they need extra help? If so, do they need extra information or support?

- The school, sixth form setting or college
- The Council's 0 - 25 Service (Children's Disability Team and PfA Team), if they are involved
- Bromley Independent Advice and Support Service (IASS)

What's happening in this stage?

Who's responsible?

What's happening in this stage?

Who's responsible?

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment

- Their career plan or vocational profile continues to be updated.
- Plan to spend progressively more time in work related learning or employment that they are interested in.
- Where they are unable to travel independently, consider the assistance available through travel training or Access to Work scheme.
- Explore all possible options for education and employment, including supported employment, apprenticeships, work-based learning, work-related learning at college, paid work, self-employment or higher education.
- Explore whether they might be eligible to apply for Employment and Support Allowance (ESA) if no longer receiving Child Benefit or Universal Credit. Learn more at gov.uk/universal-credit/eligibility

What's happening in this stage?

- The school, sixth form or college careers and/or transition lead
- SEN Transport, if involved
- Bromley Independent Advice and Support Service (IASS)

Who's responsible?



Developing independence

- Help them to travel independently wherever possible, including seeking support and assistance when they need it.
- Think about the time spent away from home and how this does or could help to develop their independence.
- You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood.
- If they are in receipt of Disability Living Allowance (DLA), this ends at 16, and an application for Personal Independence Allowance (PIP) may be needed.
- Apply for Bursary Fund for Vulnerable Adults/Discretionary grant through college to help with education-related costs if they are 16 to 19 years old and: receive PIP; are in care or are a care leaver; or in receipt of Universal Credit.

What's happening in this stage?

- The school, sixth form setting or college careers and/or transition lead
- SEN Transport, if involved
- 0 - 25 Service (Children's Disability Team and PfA Team), if involved
- Bromley Independent Advice and Support Service (IASS)

Who's responsible?

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

For everyone

- Discuss potential post 19 options with school and key worker and plan visits as appropriate.
- Identify any carers involved, including young carers, in supporting them, and undertake or review their Carers Assessment, as required. Consider if any siblings are young carers and should have Care Act assessment.

For those who receive SEN support or have an EHC Plan

- Person-centered Annual Review to be conducted by:
 - school setting - as previous years
 - college setting - college staff
 - training programme or supported apprenticeship, traineeship or internship - the provider
- Identify and involve key adult professionals required for when they become 18 years and over and invite to Annual Review meeting.

For those who receive Health Care

- See the information contained in the staying healthy and well section on page 19.

For those who receive Children's Social Care support

- 0 - 25 Service (Children's Disability Team and PfA Team) review existing social care support, including short breaks.
- Identify any adaptations or equipment used that requires review or maintenance Post-18 years and confirm arrangements for ongoing maintenance.

Most children and young people with identified special educational needs (SEN) will have their needs met without the need for an EHC Plan. For this group timely planning and preparation for upcoming transitions and adulthood is still essential and happens as part of the SEN Support Assess, Plan, Do, Review cycle.



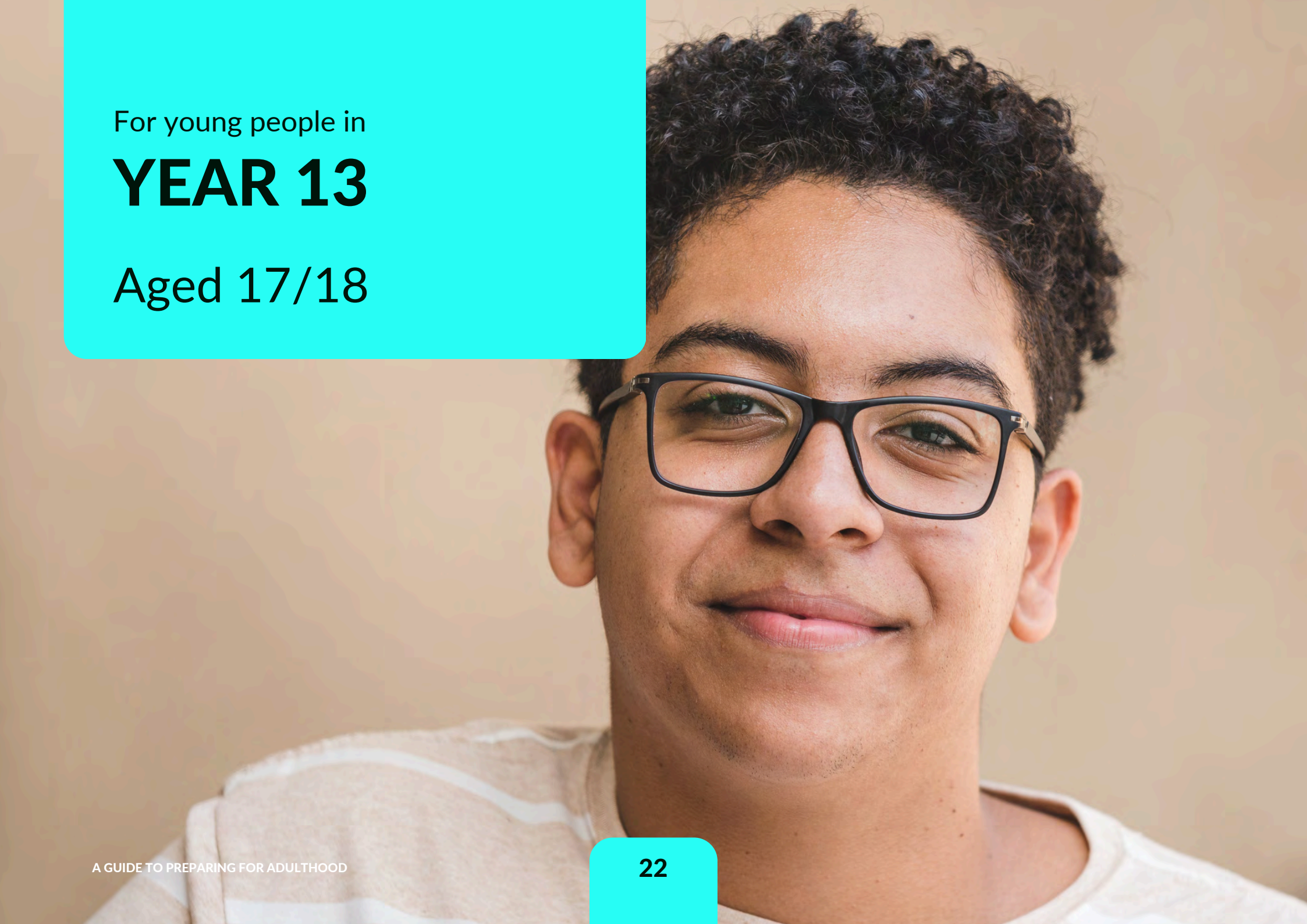
Further information

- The Mental Capacity Act protects vulnerable people from age 16 plus around decision making. From 16 years of age, ensure that young people have the appropriate support to make their own informed decisions. Learn more at: [nhs.uk/conditions/social-care-and-support-guide](https://www.nhs.uk/conditions/social-care-and-support-guide)
- Consider how the annual review process can be joined up with any other reviews that the teenager or young adult has, such as the Child Looked After (CLA) or Child in Need (CIN) review.

For young people in

YEAR 13

Aged 17/18



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well

- Check that the young person knows how to keep themselves healthy.
- Where necessary, talk to a health professional (such as the GP or the transition lead) to identify any post-18 health support that is available including signposting to sexual health and wellbeing services, the eligibility criteria for these and the pathways to access them.
- Check that the relevant professionals are in contact with each other, that they have shared information (with appropriate consents) and have a shared understanding of how best to communicate with the young person.
- If they have a confirmed learning disability and are registered with GP encourage and support them to attend their annual health check.
- Ensure that you and the young person are in control of any financial support for keeping healthy which may include a Personal Healthcare Budget where they have been assessed for and receive NHS Continuing Healthcare.
- If they are educated out of area, plans will need to be made for accessing Bromley Healthcare services on their return. Learn more at bromleyhealthcare.org.uk/explore-our-services

What's happening in this stage?

Who's responsible?

- GP
- Bromley 0 – 19 Public Health Service, including School Nursing
- Bromley Healthcare - community health services
- Bromley Community Learning Disability Team (CLDT), if they are involved
- Oxleas NHS Foundation Trust - Child and Adolescent Mental Health Services (CAMHS), if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)



Friends, relationships and community

- Talk with them about their social group to make sure they can remain in touch with their friends and make arrangements for ongoing socialisation and maintaining friendships.
- Can they access local services, such as sports centres, libraries, cinemas, restaurants and shopping centres, or do they need extra help? If so, do they need extra information or support?
- Consider their transition to adult Short Break (respite) services, if eligible.
- Ensure that their family has information about support they can access including a Carer's Assessment to review needs.

What's happening in this stage?

Who's responsible?

- The specialist school, sixth form setting or college
- The Council's 0 - 25 Service (Children's Disability Team and PfA Team), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment

- Their career plan or vocational profile continues to be updated.
- Plan to spend progressively more time in work related learning or employment that they are interested in.
- Where they are unable to travel independently, consider the assistance available through travel training or Access to Work scheme. Learn more at gov.uk/access-to-work
- Explore all possible options for education and employment, including supported employment, apprenticeships, work-based learning, work-related learning at college, paid work, self-employment or higher education.
- Consider support required for them to access services via Jobcentre Plus, such as Disability Employment Advisor and Access to Work.
- Explore whether they might be eligible to apply for Employment and Support Allowance (ESA) if no longer receiving Child Benefit or Universal Credit. Learn more at gov.uk/universal-credit/eligibility

What's happening in this stage?

- The specialist school, sixth form setting or college careers and/or transition lead
- SEN Transport, if involved
- Bromley Independent Advice and Support Service (IASS)

Who's responsible?



Developing independence

- Help them to travel independently wherever possible, including seeking support and assistance when they need it.
- Think about the time spent away from home and how this does or could help to develop their independence.
- You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood
- If they are in receipt of Disability Living Allowance (DLA), this ends at 16, and an application for Personal Independence Allowance (PIP) may be needed.
- Second benefits check at age 17.5 to be arranged if leaving education at 18 or circumstances have changed.
- Further benefits check required prior to 19 years. This is critical to ensure that the family income is maximised.
- Consider support that they may need to manage money, such as a deputyship or appointeeship.
- Apply for Bursary Fund for Vulnerable Adults/ Discretionary grant through college to help with education-related costs if they are 16 to 19 years old and: receive PIP; are in care or are a care leaver; or in receipt of Universal Credit.

What's happening in this stage?

- The specialist school, sixth form setting or college careers and/or transition lead
- SEN Transport, if involved
- 0 - 25 Service (Children's Disability Team and PfA Team), if involved
- Bromley Independent Advice and Support Service (IASS)
- Department for Work and Pensions (DWP) benefit advisor

Who's responsible?

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

For everyone

- Discuss potential post 19 options with school and key worker and plan visits as appropriate.
- Identify any carers involved, including young carers, in supporting them, and undertake or review their Carers Assessment, as required. Consider if any siblings are young carers and should have Care Act assessment.

For those who receive SEN support or have an EHC Plan

- Person-centered Annual Review to be conducted by:
 - school setting - as previous years
 - college setting - college staff
 - training programme or supported apprenticeship, traineeship or internship - provider
- Identify and involve key adult professionals required for when they become 18 years and over and invite to Annual Review meeting.

For those who receive Health Care

- See the information contained in the staying healthy and well section on page 23.

For those who receive Children's Social Care support

- The 0 - 25 Service (Children's Disability Team and PfA Team) review existing social care support, including short breaks, and consider possible eligibility for support from adult social care at 18 years and if a referral for assessment to be considered.
- Community Care Assessment carried out for young people that are likely to be eligible for adult social care services. Agree content of Support Plan.
- Identify any adaptations or equipment used that requires review or maintenance post-18 years and confirm arrangements for maintenance contracts.

Most children and young people with identified special educational needs (SEN) will have their needs met without the need for an EHC Plan. For this group timely planning and preparation for upcoming transitions and adulthood is still essential and happens as part of the SEN Support Assess, Plan, Do, Review cycle.



Further information

- The Mental Capacity Act protects vulnerable people from age 16 plus around decision making. From 16 years of age, ensure that young people have the appropriate support to make their own informed decisions. Learn more at: [nhs.uk/conditions/social-care-and-support-guide](https://www.nhs.uk/conditions/social-care-and-support-guide)
- Consider how the annual review process can be joined up with any other reviews that the teenager or young adult has, such as the Child Looked After (CLA) or Child in Need (CIN) review.

For young people

AGED 19 TO 25

and remaining in education



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well



Friends, relationships and community

What's happening in this stage?

- Young people should continue to be supported to keep themselves healthy through diet, exercise and through attending regular annual health checks. They should have access to information about immunisation and vaccinations.
- They should have access to local sexual health and wellbeing services.
- The relevant professionals across health and education are in contact with each other, continue to share information (with appropriate consents) and understand how best to communicate with the you and the young person.
- Ensure that you and the young person are in control of any financial support for keeping healthy.
- If they are educated out of area, plans will need to be made for accessing Bromley Healthcare services on their return. Learn more at bromleyhealthcare.org.uk/explore-our-services

What's happening in this stage?

- Talk with them about their social group to make sure they can remain in touch with their friends and make arrangements for ongoing socialisation and maintaining friendships.
- Can they access local services, such as sports centres, libraries, cinemas, restaurants and shopping centres, or do they need extra help? If so, do they need extra information or support?
- Consider their transition to adult Short Break (respite) services, if eligible.
- Ensure that their family has information about support they can access including Carer's Assessment to review needs.

Who's responsible?

- GP
- Bromley Healthcare Adult Services
- Bromley Healthcare - community health services
- Bromley Community Learning Disability Team (CLDT), if they are involved
- Oxleas NHS Foundation Trust, if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)

Who's responsible?

- The college or Higher Education setting
- The Council's 0 - 25 Service (Adult Social Care and PfA Teams), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment

- Their career plan or vocational profile continues to be updated.
- Plan to spend progressively more time in work related learning or employment that they are interested in.
- Where they are unable to travel independently, consider the assistance available through travel training or Access to Work scheme.
- Explore all possible options for education and employment, including supported employment, apprenticeships, work-based learning, work-related learning at college, paid work, self-employment or higher education.
- Consider support required for them to access services via Jobcentre Plus, such as Disability Employment Advisor and Access to Work.
- Explore whether they might be eligible to apply for Employment and Support Allowance (ESA) if no longer receiving Child Benefit or Universal Credit. Learn more at: gov.uk/universal-credit/eligibility

What's happening in this stage?

- The college careers and/or transition lead
- Bromley Independent Advice and Support Service (IASS)

Who's responsible?



Developing independence

- Help them to travel independently wherever possible, including seeking support and assistance when they need it.
- Think about the time spent away from home and how this does or could help to develop their independence.
- You can start to think about the different living options for the future. The Bromley Local Offer provides details of housing options – view bromley.gov.uk/LocalOfferPreparingforAdulthood
- Consider support that they may need to manage money, such as a deputyship or appointeeship.

What's happening in this stage?

- 0 - 25 Service (Children's Disability Team and PfA Team), if involved
- Bromley Independent Advice and Support Service (IASS)
- Department for Work and Pensions (DWP) benefit advisor

Who's responsible?

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

- The EHC Plan may continue if agreed it is appropriate, when they are accessing Further Education (mainstream or specialist), a training programme, an Apprenticeship or Traineeship.
- Where the EHC Plan continues an Annual Review and update of EHC Plan will be done:
 - For college setting: by college staff
 - For training programme or supported apprenticeship/ traineeship: by the provider
- The EHC Plan will cease where they move on to Higher Education, paid work, volunteering or social care services without education.
- If they have an EHC Plan and leave education but then decide they wish to return (and are still under 25 years of age), the local authority will consider whether the previous EHC Plan should be revived and reviewed. It is possible however that they will have to repeat the full EHC needs assessment.
- Job applications, work experience, or further study continue as required.



Further information

- Consider whether special educational provision provided through an EHC plan will be necessary to enable them to progress towards agreed outcomes.
- A small number of young people with EHC plans and more complex needs may take longer to achieve their outcomes, however, this does not mean there is automatic entitlement to continued support at age 19. The EHCP may not remain in place up until 25 years if their outcomes have been met.
- Consider whether remaining in education is something that they want and whether it would enable them to progress and achieve. Young people who no longer need to remain in formal learning or training will not require special educational provision to be made for them through an EHC plan.
- Person-centred Annual Review meeting to identify actions/ support to enable preparation for adulthood.
- Consider whether all appropriate professionals/organisations are involved (including an Advocate).
- Agree lead professional who will monitor delivery of actions.
- Identify ongoing professionals involved and agree information sharing protocols/joint assessments or support plans, and regularity of review.
- Identify other key transition points in their journey – consider the actions required to make these transitions as smooth as possible.
- Consider whether Preparing for Adulthood pathways are still applicable.
- Ensure they receive clear information about the support they can receive, including information about seeking employment, continuing study in adult or higher education, and support for health and social care when their plan ceases.
- Develop exit plan for when EHC plan ceases.

For young people

AGED 19 TO 25 AND ONWARDS

and not in formal education



Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Staying healthy and well

- The young person may need help or support to access healthcare as independently as possible allowing them to provide consent where they have the mental capacity to do so. Learn more about the Mental Capacity Act at https://bit.ly/NHS_MCA-SocialCare
- If eligible, the young person should be encouraged to attend their learning disability health check on a yearly basis and follow up any actions that are recommended.
- If you are a young person aged 18+ years who has a confirmed learning disability, living in Bromley, you may be eligible for support from the Community Learning Disability Team (CLDT) a service from Oxleas NHS Foundation Trust. Contact details are in the Resources section of this guide, see pages 35 - 37.

What's happening in this stage?



Friends, relationships and community

- They may access mainstream activities and social settings (with or without support).
- They may access specialist social clubs and activities via voluntary sector.
- They may be supported by their family to develop their social skills.
- They may access community groups, commissioned day services or day opportunities and services. Contact details are in the Resources section of this guide, see pages 38 - 40.

What's happening in this stage?

- GP
- Bromley Healthcare Adult Services
- Bromley Healthcare - community health services
- Bromley Community Learning Disability Team (CLDT), if they are involved
- Oxleas NHS Foundation Trust, if they are involved
- NHS South East London Integrated Care Board
- Bromley Information Advice and Support Service (IASS)

Who's responsible?

- The Council's 0 - 25 Service (Adult Social Care and PfA Teams), if they are involved
- Bromley Independent Advice and Support Service (IASS)

Who's responsible?

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Preparing for and finding employment

- May be in paid employment without support.
- May be in employment with support, through a supported employment organisation (additional support can be accessed through the Access to Work government scheme) – employment options could include job share, job carve, micro-enterprise or self-employment.
- May be in volunteering role with or without support.
- May be accessing Adult Education services to further develop employability skills.
- May be accessing social care support if not in employment or compliment employment options.
- Contact details are in the Resources section of this guide, see pages 41 - 45.

What's happening in this stage?

Who's responsible?

- Bromley Independent Advice and Support Service (IASS)



Developing independence

- May live at home.
- May live independently away from family home (and possibly receive housing benefit).
- May be accessing Shared Lives housing scheme.
- May be in a supported living scheme in borough, if eligible and agreed (and receive housing benefit).
- May be in a supported living scheme out of borough, if eligible and agreed (and receive housing benefit).
- May live in a Residential Care setting.
- They or their family can seek benefits advice.
- Contact details are in the Resources section of this guide, see pages 46 - 47.

What's happening in this stage?

Who's responsible?

- 0 - 25 Service (Children's Disability Team and PfA Team), if involved
- Bromley Independent Advice and Support Service (IASS)
- Department for Work and Pensions (DWP) benefit advisor

Year 9
Aged 13/14

Year 10
Aged 14/15

Year 11
Aged 15/16

Year 12
Aged 16/17

Year 13
Aged 17/18

Aged 19 to 25
in education

Aged 19 to 25+
not in formal education



Needs review and forward planning

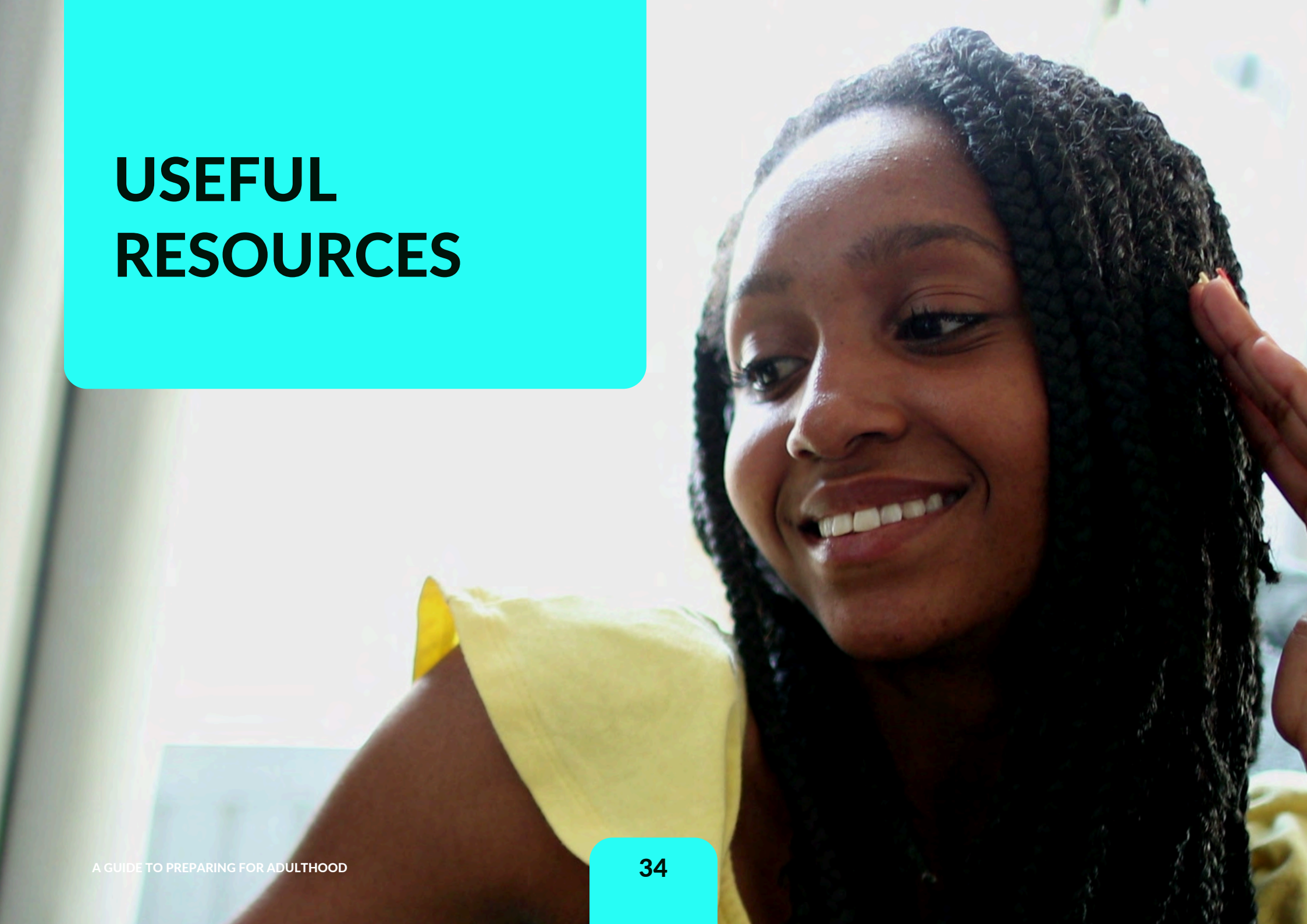
- The EHC Plan will cease where a young person leaves formal education or moves on to Higher Education.



Further information

- Information and advice continues to be available through the Bromley Local Offer. Learn more at [bromley.gov.uk/localoffer](https://www.bromley.gov.uk/localoffer)
- Further assessment may be carried out for adult social care and/or health if there is a change of circumstance, and Carer's Assessments can also be offered.
- If eligible, packages of support via Adult Social Care including Personal Budgets and Direct Payments will be in place and reviewed every year.

USEFUL RESOURCES





Staying healthy and well

This section provides information about the services and support available to help them to stay healthy and well, and to manage their own health needs as they move into adulthood.

Want to learn more? Visit young-sendmatters.co.uk/healthy

Annual health checks (14+)

Annual Health Checks are for young people aged 14+ and adults who have a confirmed learning disability and who may need more health support. These checks help young people to stay well by allowing them to regularly talk about their health and wellbeing and to detect any problems early on.

→ bromley.gov.uk/send-health-support/send-annual-health-checks

Bromley 0 - 19 Public Health Service

The Bromley 0 - 19 Public Health Service website provides information for parents, carers and children and young people aged 11 to 19 about all aspects of health, development and wellbeing.

→ bromley0to19.co.uk

Bromley Community Learning Disability Team

The Bromley Community Learning Disability Team (CLDT) provides specialist community health services to local people over the age of 18 with learning disabilities.

→ bromley.gov.uk/send-health-support/learning-disabilities-health-support-18

Bromley Healthcare

Health services for all residents of Bromley.

→ bromleyhealthcare.org.uk/explore-our-services

Bromley Mental Health Services Adult

Bromley Council and the Oxleas NHS Foundation Trust provide an integrated service for people who have serious mental health difficulties and their carers.

→ bromley.gov.uk/help-adults/support-mental-wellbeing

Bromley Y

Bromley Y works with Oxleas NHS Foundation Trust to provide an integrated Single Point of Access (iSPA) for all children and young people with mental health and emotional wellbeing challenges.

Bromley Y provide early intervention and wellbeing services for children and young people up to 18 years old, and up to 25 years where they have SEND.

→ bromley-y.org

Bromley Well

Bromley Well offer a comprehensive range of health, wellbeing and support services to help all people in Bromley to stay emotionally and physically well and to remain independent.

→ bromleywell.org.uk

Carers assessment

Carer's assessments are for adult carers of adults (over 18 years) who are disabled, ill or elderly. The assessment will look at how caring affects your life, including for example, physical, mental and emotional needs, and whether you are able or willing to carry on caring.

→ bromley.gov.uk/carers/carers-assessments

Caring for disabled children

Information for carers of children with disabilities.

→ nhs.uk/conditions/social-care-and-support-guide

Child and Adolescent Mental Health Services (CAMHS) Bromley

The CAMHS service in Bromley is provided by Oxleas NHS Foundation Trust. CAMHS work with children and young people up to the age of 18 in Bromley. CAMHS provides specialist mental health consultation, assessment and treatment to children and young people aged 0-18 with severe and enduring emotional, behavioural and mental health difficulties, and their families/carers.

→ oxleas.nhs.uk/services/service/child-and-adolescent-mental-health-service-brcamhs-bromley-12

Children and Young People's Mental Health and Emotional Wellbeing Services

Services under this title include Bromley Y and Child and Adolescent Mental Health Services (CAMHS). Learn more about moving from these services to adult mental health and well being services on the Bromley Local Offer.

→ bromley.gov.uk/send-health-support

GP Alliance (Bromley)

GP Alliance this is a network of Bromley practices who provide a GP service at primary care hubs 7 days a week. The hubs offer evening and weekend appointments for patients registered with Bromley practices.

→ bromleygpalliance.org

NHS South East London - Integrated Care System

A clinically led organisation responsible for planning, paying for and monitoring most of the health services across six London boroughs.

→ selondonics.org/in-your-area/bromley

Oxleas NHS Foundations Trust

Information for young people in transition and preparing for adulthood - Oxleas are the health service for those over the age of 18 years.

→ oxleas.nhs.uk/services/service/community-adult-learning-disability-team-bromley-109



Personal budgets and direct payments

Following an assessment to identify eligible care and support needs, a calculation of the costs to meet these needs is what will become your personal budget. A direct payment is an amount of money that we will pay to you if you are eligible to receive care and support from us.

→ bromley.gov.uk/directpayments

Social Care: 0 - 25 Adult Disability Team and Preparing for Adulthood (PfA) Team

To be eligible to support from Adult Social Care services, a Care Assessment will need to be completed by a trained professional, and it will aim to get a complete picture of you and your needs and goals.

→ bromley.gov.uk/help-adults

Social Care: 0 - 25 Children's Disability Team and Preparing for Adulthood (PfA) Team

A relatively very small number of children and young people require specialist support from children's safeguarding and social care. This will include children and young people who are suffering, or likely to suffer, significant harm and those whose development will be significantly impaired without the provision of services.

→ bromley.gov.uk/safeguarding-children-2/social-care-support-children-families



Friends, relationships and community

This section provides information about the services and support available to help them to develop and maintain friendships and relationships, and to feel part of the community.

Want to learn more? Visit young-sendmatters.co.uk/community

Advocacy for All

Working with disabled people over the age of 18 years to make their voices heard and their rights respected.

→ advocacyforall.org.uk

Blue Badge Scheme

The Blue Badge scheme is for people with severe mobility problems. It allows Blue Badge holders to park close to where they need to go. The Blue Badge is registered to a person and not to a vehicle.

→ bromley.gov.uk/bluebadge

Bromley Children's Disability Service

A specialist team of social workers, supporting families with children aged 0 - 18 who have a severe, profound or complex disability that has a substantial and long-term adverse effect on them, including those with severe learning and/or physical disabilities, Autism Spectrum Condition, complex health issues, and severe hearing, vision and communication difficulties.

→ bromley.gov.uk/children-young-adults-disabilities-learning-needs/childrens-disability-service

Bromley Local Offer - Leisure and Activities

Details of Bromley's local organisations, groups and individuals who offer activities, services and advice to local young people.

→ bromley.gov.uk/send-leisure-activities

Bromley Mencap

Bromley Mencap provide a range of information and advice services for disabled people, their parents and carers. These including benefits advice, day services and community activities and groups.

→ bromleymencap.org.uk

Bus and Tram Discount Card

If you receive Income Support, Employment and Support Allowance or Jobseeker's Allowance, you may be eligible for a discount photo card.

→ tfl.gov.uk/fares/free-and-discounted-travel/bus-and-tram-discount

Choice Support

Based in the Beckenham, Choice Support provide a wide range of activities for adults with learning disabilities and autism.

→ choicesupport.org.uk

Day centre: Astley Day Centre

A complex needs day service for adults (18+) with a Learning Disability at Astley Day Centre in Bromley. The service provides a wide range of activities, five days per week, Monday to Friday on site and in the community. Referrals are made via the Community Learning Disability Team following a Carers Assessment conducted by the Bromley Adult Social Care team.

→ eleanorhealthcaregroup.co.uk/day-activity/astley-day-centre

Day centres and lunch clubs

Day care services aim to meet the key care needs of older adults living in the borough of Bromley who meet the Council's eligibility criteria for adults.

→ bromley.gov.uk/daycentres

DaySpace

DaySpace offers a dynamic activity programme that is tailored to suit individual needs and personalities including music, art, dance, digital media, drama, and Makaton signing sessions.

→ dayspace.org

Dial-a-ride

London Dial-a-Ride is a door-to-door multi-occupancy transport service for people with disabilities who cannot use public transport. It can be used for all sorts of journeys such as shopping, visits to friends, appointments, and going out at night.

→ tfl.gov.uk/dialaride

Disabled Persons Freedom Pass

The travel pass for disabled people allows free travel across London and free bus journeys nationally.

→ londoncouncils.gov.uk/services/freedom-pass/disabled-persons-freedom-pass

Disabled Persons Rail Card

If you have a disability that makes travelling by train difficult you might qualify for the Disabled Persons Rail Card.

→ disabledpersons-railcard.co.uk

Short Breaks Adult Service: 118 Widmore Road

A building based short breaks service for adults (18+) with a learning disability. The service provides overnight stays, short term breaks (2-12 hours) and day activities seven days a week. They provide both planned and emergency stays. Referrals are made via the Community Learning Disability Team following a Carers Assessment conducted by the Bromley Adult Social Care team.

→ ambient.org.uk

Short Breaks Children's Service: Hollybank

A Short Breaks provision for children and young people up 18 years who have been assessed as eligible for social care services.

→ bromleyhealthcare.org.uk/explore-our-services/hollybank

Simply Connect Bromley

Find out about the services in the local area and get involved in local activities.

→ bromley.simplyconnect.uk

Taxi Card Scheme

Taxi Card is a scheme that provides subsidised transport for people who have serious mobility impairment and difficulty in using public transport. Taxi Card holders make journeys in licensed London taxis and private hires vehicles, and the subsidy applies directly to each trip.

→ londoncouncils.gov.uk/services/taxicard

Transport for All

An organisation of disabled and older people determined to ensure that the grass roots experiences and opinions of service users are always heard by those who commission and run the transport network.

→ transportforall.org.uk

Youth clubs - Bromley Youth Support Programme (BYSP)

BYSP brings together different services for young people. If you want something to do or need extra help then the programme can help you, including a specific project for young people with disabilities.

→ bromley.gov.uk/young-bromley/bromley-youth-support-programme-youth-hubs

Youth Council

Represent the views of young people at a borough level giving young people the opportunity to have a voice, to discuss relevant issues, engage with decision-makers and contribute to improving the lives of young people within their communities.

→ bromley.gov.uk/young-bromley/bromley-youth-council





Preparing for and finding employment

This section gives details of some of the support service available to help young people into employment so they can achieve their employment goals.

Want to learn more? Visit young-sendmatters.co.uk/studying

Ambitious about Autism: Paid work experience

A work experience programme for autistic young people aged 16 to 25. The programme offers access to paid opportunities throughout the year in leading organisations and companies.

→ ambitiousaboutautism.org.uk/what-we-do/employment/paid-work-experience

Bromley Mencap

A local charity who offer a supported employment agency service to people with learning disabilities to get paid jobs in a variety of ways including self-employment and micro-enterprises. The service includes support for people on the autistic spectrum and those with cerebral palsy. To be eligible for this service, you would have to be eligible for adult social care support.

→ bromleymencap.org.uk/support-and-services/employment-services

Employment and Support Allowance (ESA)

You can apply for ESA if you have a disability or health condition that affects how much you can work. ESA gives you support to get back into work if you're able to, you can apply for ESA if you're employed, self-employed or unemployed.

→ gov.uk/employment-support-allowance

Financial support

In England you can receive free education up to the age of 19. After that age you may have to pay for your course yourself. However, there are certain groups who may not have to pay any fees or who may be eligible for financial support.

16-19 Bursary Fund

You could get a bursary to help with education-related costs if you're 16-19 years and studying at school or college (not university) in England or on a training course, including unpaid apprenticeships.

→ gov.uk/1619-bursary-fund

Access to Work grant

The Access to Work grant can help you get or stay in work if you have a physical or mental health condition or disability. The support you get will depend on your assessed needs. Through Access to Work, you could apply for:

- a grant to help pay for practical support with your work
- support with managing your mental health at work
- money to pay for communication support at job interviews

→ gov.uk/access-to-work

Care to Learn

You can claim Care to Learn if you are:

- under 20
- caring for your own child
- doing a publicly funded course or training programme at school or college (fathers are eligible if they are the main carer).

An application can be made as soon as you have a confirmed offer of a course.

→ gov.uk/care-to-learn

Disabled Students' Allowance (DSA)

DSA is support to cover the study-related costs you have because of a mental health problem, long-term illness or any other disability. This can be on its own or in addition to any student finance you get. The type of support and how much you get depends on your individual needs - not your household income.

→ gov.uk/disabled-students-allowance-dsa

University and college hardship funds

University and college hardship funds and Student support grants may be available depending on income. All enquiries should be made directly to the university or college.

→ gov.uk/extra-money-pay-university

Further education providers

There are several colleges in and around Bromley that offer a range of courses. Please visit the college websites for more information about their current offer and the support available to young people with special educational needs and/or disabilities.

Bromley Adult Education College

Offering a range of accredited and non-accredited courses to help young people develop skills for independent living, employment, improving confidence and communication. The majority of the programmes are held at the Poverest Centre in Orpington, but classes are also available at The Kentwood Centre in Penge.

→ baec.ac.uk

Capel Manor Colleges (Crystal Palace and Mottingham)

Capel Manor have two campus' in Bromley offering courses, Traineeships and Apprenticeships in animal care, horticulture, countryside/environment studies and arboriculture, for young people.

→ capel.ac.uk/campuses-and-facilities/crystal-palace-park

→ capel.ac.uk/courses/campus/mottingham

London South East Colleges

A college with campuses in Bromley, Bexley, Greenwich and Orpington, and is home to around 8,000 students studying on a range of vocational, GCSE, Apprenticeship and degree level courses.

→ lsec.ac.uk

London South East Colleges: Nido Volans Centre

The specialist provision offers a range of courses to prepare young people for adulthood, improving independent living skills and developing employability. All programmes develop English and maths at an appropriate level and there are opportunities for vocational learning. The Nido Volans Centre is a specialist area for students with learning difficulties and disabilities.

→ lsec.ac.uk/courses/send

Nash College

An independent specialist college for learners with moderate to profound learning disabilities. Students may also have a range of additional disabilities or complex medical needs and a significant number have Autism. Nash College provides further education for students aged from 18 to 25. The College is situated in Hayes near Bromley, Kent.

→ nashcollege.org.uk

Orchard Hill College

A specialist college that offers social and vocational opportunities. Study programmes are designed for students over the age of 16 with a range of special needs. There are centres across London and Surrey, providing a range of vocational programmes from animal care and catering to digital media and many more.

→ orchardhill.ac.uk

Other mainstream college options

Mainstream colleges across the region all offer programmes for young people with additional needs. Please review individual websites for information.

→ aoc.co.uk/about/college-directory

Other specialist college options

Directory detailing Independent Specialist Colleges (ISC) across the country, which deliver education programmes in a number of specialist areas.

→ natspec.org.uk/colleges/specialist-colleges

Jobcentre Plus: Disability Employment Advisers (DEA)

A DEA at your local Jobcentre can help you find a job or gain new skills and tell you about disability friendly employers in your area. They can also refer you to a specialist work psychologist, if appropriate, or carry out an 'employment assessment', asking you about your skills and experience and what kind of roles you're interested in.

→ gov.uk/looking-for-work-if-disabled

London Learning Consortium (LLC)

LLC provide accredited learning programmes across London either in the work place, classroom or via their extensive community provider network. If you are aged 19+ and in receipt of either Jobseekers' Allowance or Employment Support Allowance (in the Work Related Activity Group) then you may be eligible for your course to be fully funded.

→ londonlc.org.uk/courses/all-courses

Mencap (national)

Mencap's employment services support people with a learning disability to develop the skills and confidence needed to get a job. There are lots of different options available - contact the team to find out which is right for you.

→ mencap.org.uk/advice-and-support/education-skills-and-work/finding-job

National Apprenticeship Service

Find out how to become an apprentice, what apprenticeships are available, which employers offer them and information about starting your apprenticeship.

→ apprenticeships.gov.uk/apprentices

National Careers Service

Provides information, advice and guidance to help young people make decisions on learning, training and work opportunities. The service offers confidential and impartial advice and is supported by qualified careers advisers.

→ nationalcareers.service.gov.uk

Palace for Life Foundation

Palace for Life are the official charity of Crystal Palace Football Club. The Palace for Life Foundation's employability service offers support for those furthest from the job market allowing them to gain skills towards work readiness. Their route to employment initiatives help to support young people along positive pathways for education, training or employment.

→ nationalcareers.service.gov.uk

The Princes Trust

The Princes Trust are a charitable organisation that can help young people with the skills, tools and training to develop self-confidence and move forward to employment. There are a range of courses across the capital.

→ princes-trust.org.uk/how-we-can-help/explore-all-support

The Shaw Trust

The Shaw Trust offer employability programmes and a Social Enterprise business that operates from Scadbury Park in Bromley.

→ shawtrust.org.uk/what-we-do

Universal Credit

You may be able to get Universal Credit if you're on a low income or need help with your living costs if you are out of work, working (including self-employed or part time), unable to work, for example because of a health condition.

→ gov.uk/universal-credit/eligibility

Vocational training

There are a variety of routes into employment, in addition to going to college. Supported internships, traineeships and apprenticeships are types of study programmes that have work experience as their core aim.

Apprenticeships

An apprenticeship is a real job for young people aged 16+ where you learn, gain experience, and get paid. By the end of an apprenticeship, you'll have the right skills and knowledge needed for your chosen career.

→ apprenticeships.gov.uk

Pre-Apprenticeships (Traineeships)

Traineeship also known as a Pre-Apprenticeship is a skills development programme for young people aged 16 – 24 that includes a work placement. Successful completion of a Traineeship could lead to an Apprenticeship.

→ gov.uk/find-traineeship

Supported internships

A structured study programme based at an employer. They enable young people aged 16-24 with additional needs to achieve paid employment by equipping them with the skills they need for work, through learning in the workplace. All colleges will have employability programmes and the majority of colleges now offer supported internship programmes. Young people would need an EHC Plan in order to access these programmes.

→ nationalcareers.service.gov.uk/explore-your-education-and-training-choices/supported-internship

Work and health programme

Work and health programme can help you get and keep a job if you're disabled and find it hard to work. It's voluntary - you don't have to do it. The type of support you get depends on the help you need. This is different for everyone but can include training and developing your skills, building your confidence and interview coaching.

→ gov.uk/work-health-programme/overview





Developing independence

This section gives details of some of the care, support and housing options and resources that are available to help them to live independently.

Want to learn more? Visit young-sendmatters.co.uk/independence

Bromley Adult Social Care Early Intervention Service

Advice and information about the first steps to take if you think you need social care support.

→ bromley.gov.uk/help-adults

Citizens Advice Bromley

Offers practical, up-to-date information and advice on a wide range of topics, including housing, benefits and other problems.

→ bromleycab.org.uk

Bromley Well – Carers Support

Provides support to the people in Bromley who provide care for others who, due to disability, long term illness (mental or physical) or frailty, are unable to cope on their own.

→ bromleywell.org.uk/our-services/carers

Disability Rights UK

Disability Rights UK provide high quality information developed by and for disabled people. They offer a combination of factsheets and guides that provide basic information about benefits, tax credits, social care and other disability related issues for claimants and advisers.

→ disabilityrightsuk.org/resources/resources-index

Choice Support

A social care charity providing support to people with learning disabilities, autism and mental health needs.

→ choicesupport.org.uk

Housing and Support Alliance

The Housing and Support Alliance offers free independent advice, information and resources on housing, supported living and rights.

→ rescare.org.uk/resources/directory-search/housing-and-support-alliance-hsa

Housing benefit

A national welfare benefit which helps people on low incomes pay their rent.

→ bromley.gov.uk/benefits

Housing options in Bromley

Advice and general information on housing and related matters.

→ bromley.gov.uk/housing

No Place Like Home – housing information

A housing information and support guide from the Council for Disabled Children.

→ councilfordisabledchildren.org.uk/resources/all-resources/filter/inclusion-send/no-place-home-housing-and-support-guide

Shared Lives Scheme

The scheme recruits, trains and assesses individuals and families who can provide support within their own homes to people who need some form of support and assistance.

→ bromley.gov.uk/sharedlives

Social housing

Housing that is let at low rents on a secure basis to those who are in most need or struggling with housing costs.

→ bromley.gov.uk/social-housing/housing-associations-2

Supported Living

Support for a person with a learning disability to have their own home with support in place to help them live independently. Information accessed through a young persons allocated care manager.

→ bromley.gov.uk/disabilities/housing-support-schemes-people-learning-disabilities

Vibrance

Supporting people with disabilities to have a greater voice and presence within their community, providing a wide range of high-quality, innovative social care and support services.

→ vibrance.org.uk





Needs review and forward planning

This section gives details of some of options available to help plan for the future.,

Want to learn more? Visit young-sendmatters.co.uk

Bromley Local Offer for Young People

A website to help teenagers and young adults who have additional needs, special educational needs or disabilities to:

- Understand what support they are able or entitled to use
- Find the help and support that they want
- Make informed choices about their lives

→ young-sendmatters.co.uk

Bromley SEND Local Offer

Bromley Local Offer describes what is available regarding universal services (available for all to access), targeted services for those with more complex needs and specialist services for young people with complex and enduring specialist needs.

→ bromley.gov.uk/SENDLocalOffer

Fairer Charging

Young people receiving social care services (except in special circumstances) are financially assessed in accordance with the Department of Health fairer charging guidelines and Bromley's charging policy to determine how much a client can reasonably afford to pay, taking into account your financial and personal circumstances - this could mean there will be no charge at all.

→ bromley.gov.uk/home-care/domiciliary-homecare-charges

Personal budgets policy

The Bromley personal budget policy statement sets out the approach for agreement and use of personal budgets in an EHC Plan.

→ bit.ly/LBB-EHCPlanPB

Personal budgets policy: Frequently Asked Questions (FAQs)

FAQs regarding Personal Budgets.

→ bit.ly/LBB-EHCPlanPB-FAQ

Special Educational Needs (SEN) Transport Policy

SEN Transport and Travel Assistance Policy for children and young people up to the age of 19 years.

→ bromley.gov.uk/children-young-adults-disabilities-learning-needs/local-offer-travel-transport

Statutory EHC Needs Assessment Process

This guide outlines the process for an EHC Needs Assessment, together with the stages and timeline.

→ bromley.gov.uk/downloads/file/1088/education-health-and-care-ehc-needs-assessments-guide



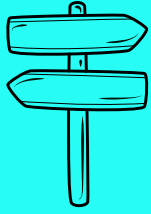
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Adjacent boroughs Local Offer

Bexley Local Offer

bexleylocaloffer.uk

Croydon Local Offer

localoffer.croydon.gov.uk

Greenwich Local Offer

royalgreenwich.gov.uk/localoffer

Kent Local Offer

kent.gov.uk/localoffer

Lambeth Local Offer

lambeth.gov.uk/localoffer

Lewisham Local Offer

lewisham.gov.uk/localoffer

Southwark Local Offer

localoffer.southwark.gov.uk

Surrey Local Offer

surreylocaloffer.org.uk



Children's Services
London Borough of Bromley
Civic Centre, Stockwell Close
Bromley BR1 3UH